

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 1 Girls 9-11 200 SC Metre Butterfly**

| | Name | Age Team | Time |
|---|-------------------------------|--------------------------------|-------------|
| 1 | Jessie Montague | 9 Enfield | 3:29.44 |
| | 42.28 1:34.67 2:33.59 3:29.44 | | |
| 2 | Eloise Montanana | 9 London Borough of Redbridge | 3:37.35 |
| | 46.14 1:43.76 2:41.91 3:37.35 | | |
| 3 | Sophie Priddle | 10 London Borough of Redbridge | 3:43.30 |
| | 46.78 1:44.75 2:46.17 3:43.30 | | |

Event 1 Girls 12-13 200 SC Metre Butterfly

| | Name | Age Team | Time |
|---|-------------------------------|---------------------------------|-------------|
| 1 | Emma Hasler | 13 Borough of Waltham Forest SC | 2:42.84 |
| | 36.57 1:15.90 1:58.79 2:42.84 | | |
| 2 | Sadie Lucas | 13 London Borough of Redbridge | 2:45.69 |
| | 36.08 1:18.39 2:02.22 2:45.69 | | |
| 3 | Rosie Webber | 12 Romford Town SC | 2:46.61 |
| | 38.82 1:21.84 2:05.70 2:46.61 | | |

Event 1 Girls 14-15 200 SC Metre Butterfly

| | Name | Age Team | Time |
|---|-------------------------------|------------------------|-------------|
| 1 | Hannah Coles | 14 Romford Town SC | 2:46.44 |
| | 36.86 1:19.14 2:02.85 2:46.44 | | |
| 2 | Sarah Browne | 14 Edmonton Phoenix SC | 2:54.94 |
| | 37.72 1:20.55 2:07.99 2:54.94 | | |

Event 2 Boys 9-11 200 SC Metre Butterfly

| | Name | Age Team | Time |
|----|-------------------------------|---------------------------------|-------------|
| 1 | Nathan Leong | 11 Borough of Waltham Forest SC | 2:47.47 |
| | 38.54 1:21.06 2:04.71 2:47.47 | | |
| 2 | Elliot Bertram | 11 Griffins SC | 2:49.35 |
| | 37.62 1:21.25 2:06.78 2:49.35 | | |
| 3 | Fraser Scott | 11 London Borough of Redbridge | 3:08.66 |
| | 40.16 1:29.14 2:18.68 3:08.66 | | |
| 4 | Joshua Burcombe | 10 Borough of Waltham Forest SC | 3:16.88 |
| | 42.10 1:33.47 2:26.06 3:16.88 | | |
| 5 | Ryan Nicholls | 11 Borough of Waltham Forest SC | 3:23.24 |
| | 44.31 1:35.83 2:28.90 3:23.24 | | |
| 6 | Frank McGirk | 11 London Borough of Redbridge | 3:23.91 |
| | 47.09 1:41.25 2:34.55 3:23.91 | | |
| 7 | Morgan Brown | 11 London Borough of Redbridge | 3:36.90 |
| | 45.24 1:41.59 2:39.88 3:36.90 | | |
| 8 | Reece Nicholls | 9 Borough of Waltham Forest SC | 3:44.81 |
| | 50.09 1:47.65 2:46.56 3:44.81 | | |
| 9 | Jeremy Nockels | 10 Borough of Waltham Forest SC | 3:52.09 |
| | 51.81 1:51.25 2:55.22 3:52.09 | | |
| 10 | Oliver Coles | 10 Romford Town SC | 3:55.48 |
| | 49.08 1:48.91 2:53.78 3:55.48 | | |

Event 2 Boys 12-13 200 SC Metre Butterfly

| | Name | Age Team | Time |
|---|-------------------------------|--------------------------------|-------------|
| 1 | Samuel Kelly | 12 London Borough of Redbridge | 2:57.46 |
| | 40.69 1:26.00 2:12.30 2:57.46 | | |
| 2 | Charlie Davis | 12 Romford Town SC | 3:12.19 |
| | 39.57 1:28.16 2:20.97 3:12.19 | | |
| 3 | Stephen Truong | 12 London Borough of Redbridge | 3:16.72 |
| | 39.34 1:28.83 2:23.41 3:16.72 | | |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 2 Boys 14-15 200 SC Metre Butterfly**

| Name | Age Team | Time |
|-------------------------------|--------------------------------|---------|
| 1 Alex Pasmore | 14 Griffins SC | 2:35.34 |
| 33.88 1:14.46 1:55.17 2:35.34 | | |
| 2 Alex Hayman | 14 London Borough of Redbridge | 2:35.42 |
| 34.64 1:14.17 1:54.79 2:35.42 | | |

Event 3 Girls 10-11 100 SC Metre Breaststroke

| Name | Age Team | Time |
|------------------------|---------------------------------|---------|
| 1 Sara Khadraoui | 11 Enfield | 1:31.78 |
| 44.94 1:31.78 | | |
| 2 Rochelle Cabey | 11 Borough of Waltham Forest SC | 1:35.29 |
| 44.66 1:35.29 | | |
| 3 Jodie Whitehead | 11 Romford Town SC | 1:35.48 |
| 44.62 1:35.48 | | |
| 4 Sevin Crawford | 11 London Borough of Redbridge | 1:35.92 |
| 46.43 1:35.92 | | |
| 5 Sophie Ward | 10 Romford Town SC | 1:36.64 |
| 47.21 1:36.64 | | |
| 6 Claire Golightly | 11 London Borough of Redbridge | 1:36.87 |
| 46.41 1:36.87 | | |
| 7 Grace Ledwith | 11 Bishops Stortford | 1:40.61 |
| 49.24 1:40.61 | | |
| 8 Eleanor Hosford | 11 Enfield | 1:41.03 |
| 49.32 1:41.03 | | |
| 9 Abbie Castricone | 11 Enfield | 1:42.08 |
| 49.86 1:42.08 | | |
| 10 Mathuri Karunakaran | 11 London Borough of Redbridge | 1:42.98 |
| 48.57 1:42.98 | | |
| 11 Skye Fairlie-Vogt | 11 Bishops Stortford | 1:45.38 |
| 51.93 1:45.38 | | |
| 12 Filippa Lindblom | 11 London Borough of Redbridge | 1:46.00 |
| 51.29 1:46.00 | | |
| 13 Maddie Webber | 10 Romford Town SC | 1:48.36 |
| 52.60 1:48.36 | | |
| 14 Caroline Dunnett | 10 Griffins SC | 1:51.84 |
| 54.97 1:51.84 | | |
| 15 Erin Clements | 10 Griffins SC | 1:55.49 |
| 54.33 1:55.49 | | |
| 16 Summer Crowfoot | 11 Broomfield Park | 2:00.19 |
| 55.03 2:00.19 | | |

Event 3 Girls 12-13 100 SC Metre Breaststroke

| Name | Age Team | Time |
|-------------------|--------------------------------|---------|
| 1 Sadie Lucas | 13 London Borough of Redbridge | 1:25.64 |
| 41.65 1:25.64 | | |
| 2 Rae Bibb | 12 London Borough of Redbridge | 1:33.55 |
| 43.95 1:33.55 | | |
| 3 Shanea Linque | 12 Enfield | 1:33.61 |
| 43.84 1:33.61 | | |
| 4 Emma Aston | 12 Romford Town SC | 1:34.22 |
| 44.67 1:34.22 | | |
| 5 Kelly Floyd | 12 Broomfield Park | 1:34.25 |
| 44.75 1:34.25 | | |
| 6 Courtney Wilson | 13 Romford Town SC | 1:35.00 |
| 44.17 1:35.00 | | |
| 7 Ellie Wright | 12 London Borough of Redbridge | 1:36.01 |
| 45.12 1:36.01 | | |

(Event 3 Girls 12-13 100 SC Metre Breaststroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|-------------------------------------|---------------------------------|---------|
| 8 Sydney Taylor 46.69 1:36.04 | 12 Edmonton Phoenix SC | 1:36.04 |
| 9 Charlie Eves 46.74 1:37.25 | 12 Borough of Waltham Forest SC | 1:37.25 |
| 10 Anna Simou 48.20 1:39.06 | 12 Enfield | 1:39.06 |
| 11 Gemma Agnew 47.21 1:40.66 | 12 Griffins SC | 1:40.66 |
| 12 Shannon Purcell 48.36 1:41.28 | 12 London Borough of Redbridge | 1:41.28 |

Event 3 Girls 14-15 100 SC Metre Breaststroke

| Name | Age Team | Time |
|----------------------------------|--------------------|---------|
| 1 Isobel Allsop 41.53 1:25.84 | 15 Romford Town SC | 1:25.84 |
| 2 Gabriella 44.85 1:33.78 | 14 Enfield | 1:33.78 |

Event 4 Boys 10-11 100 SC Metre Breaststroke

| Name | Age Team | Time |
|---|---------------------------------|---------|
| 1 Nathan Leong 41.22 1:27.86 | 11 Borough of Waltham Forest SC | 1:27.86 |
| 2 Connor Houlihan 48.22 1:39.42 | 10 Romford Town SC | 1:39.42 |
| 3 Jordan Jordanou 47.26 1:40.20 | 11 Griffins SC | 1:40.20 |
| 4 Youcef Harizi 47.43 1:43.10 | 11 Griffins SC | 1:43.10 |
| 5 Jemil Payet 50.41 1:44.78 | 11 Enfield | 1:44.78 |
| 6 Christopher Morgan 51.15 1:48.32 | 10 Enfield | 1:48.32 |
| 7 Zachary Coleman 52.80 1:48.53 | 10 Romford Town SC | 1:48.53 |
| 8 Dominic Davies 52.53 1:48.72 | 11 Borough of Waltham Forest SC | 1:48.72 |
| 9 Jack Dunn 53.81 1:49.76 | 10 Griffins SC | 1:49.76 |
| 10 Jordan Shim 53.91 1:50.50 | 10 London Borough of Redbridge | 1:50.50 |
| 11 Connor Julian 54.82 1:55.82 | 10 Romford Town SC | 1:55.82 |
| 12 Robert Benson 1:03.22 2:09.50 | 10 Romford Town SC | 2:09.50 |
| --- Max Stuart 7.4 Leg movements not simultaneous (alternating leg movement) 1:04.45 DQ | 10 Romford Town SC | DQ |

Event 4 Boys 12-13 100 SC Metre Breaststroke

| Name | Age Team | Time |
|------------------------------------|------------------------|---------|
| 1 Toby Pasmore 40.18 1:23.61 | 12 Griffins SC | 1:23.61 |
| 2 Joshua Rogers 42.30 1:29.71 | 13 Romford Town SC | 1:29.71 |
| 3 Thomas Disney 42.93 1:31.29 | 12 Edmonton Phoenix SC | 1:31.29 |
| 4 Oliver Applebee 46.00 1:32.98 | 12 Romford Town SC | 1:32.98 |

(Event 4 Boys 12-13 100 SC Metre Breaststroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age | Team | Time |
|-------------------|-----|-----------------------------|---------|
| 5 Thomas Benson | 13 | Romford Town SC | 1:33.44 |
| 45.43 1:33.44 | | | |
| 6 Charlie Davis | 12 | Romford Town SC | 1:33.51 |
| 45.15 1:33.51 | | | |
| 7 Liam Doonan | 13 | Hatfield Swimming Club | 1:34.94 |
| 45.61 1:34.94 | | | |
| 8 Thomas Connolly | 12 | Bishops Stortford | 1:35.17 |
| 45.61 1:35.17 | | | |
| 9 Tsz Wai Wu | 13 | Griffins SC | 1:37.74 |
| 44.91 1:37.74 | | | |
| 10 Kyle Hall | 12 | London Borough of Redbridge | 1:39.65 |
| 48.35 1:39.65 | | | |
| 11 Dylan Williams | 12 | Enfield | 1:43.82 |
| 49.89 1:43.82 | | | |

Event 4 Boys 14-15 100 SC Metre Breaststroke

| Name | Age | Team | Time |
|---------------------|-----|------------------------------|---------|
| 1 Oliver Burling | 15 | Borough of Waltham Forest SC | 1:18.73 |
| 38.25 1:18.73 | | | |
| 2 Zach Kirlew | 14 | Edmonton Phoenix SC | 1:19.00 |
| 37.06 1:19.00 | | | |
| 3 Alistair France | 15 | Borough of Waltham Forest SC | 1:20.97 |
| 38.22 1:20.97 | | | |
| 4 Emries Ellis | 15 | Enfield | 1:24.09 |
| 40.01 1:24.09 | | | |
| 5 Stuart Honychurch | 15 | Enfield | 1:24.23 |
| 38.44 1:24.23 | | | |
| 6 Daniel Williams | 14 | Enfield | 1:25.46 |
| 40.79 1:25.46 | | | |
| 7 Charlie Crowfoot | 14 | Broomfield Park | 1:26.76 |
| 41.16 1:26.76 | | | |
| 8 Noel Angland | 15 | Edmonton Phoenix SC | 1:34.87 |
| 44.16 1:34.87 | | | |
| 9 Kemal Kole | 15 | Edmonton Phoenix SC | 1:35.15 |
| 44.60 1:35.15 | | | |

Event 4 Boys 16 & Over 100 SC Metre Breaststroke

| Name | Age | Team | Time |
|---------------|-----|-----------------|---------|
| 1 David Ward | 16 | Romford Town SC | 1:22.05 |
| 38.91 1:22.05 | | | |

Event 5 Girls 9-11 50 SC Metre Backstroke

| Name | Age | Team | Time |
|----------------------|-----|------------------------------|-------|
| 1 Beth Hassan | 11 | Enfield | 36.16 |
| 2 Rochelle Cabey | 11 | Borough of Waltham Forest SC | 37.30 |
| 3 Grace Ledwith | 11 | Bishops Stortford | 38.73 |
| 4 Jodie Whitehead | 11 | Romford Town SC | 39.55 |
| 5 Amy Carson | 11 | Edmonton Phoenix SC | 41.46 |
| 6 Filippa Lindblom | 11 | London Borough of Redbridge | 41.80 |
| 7 Marie Campbell | 10 | London Borough of Redbridge | 42.78 |
| 8 Beth Robbins | 9 | Broomfield Park | 42.97 |
| 9 Maddie Webber | 10 | Romford Town SC | 43.77 |
| 10 Rianne Benjamin | 11 | Enfield | 43.95 |
| 11 Jessika Nethaway | 10 | Enfield | 44.67 |
| 12 Caroline Dunnett | 10 | Griffins SC | 44.77 |
| 13 Skye Fairlie-Vogt | 11 | Bishops Stortford | 44.81 |
| 14 Chloe Thompson | 9 | Romford Town SC | 45.00 |
| 15 Isabel Levine | 10 | London Borough of Redbridge | 45.36 |

Enfield Open Meet - 16/05/2009 to 17/05/2009

Results

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age Team | Time |
|----|-----------------|------------------------|-------------|
| 16 | Yasemin Erensoy | 10 Edmonton Phoenix SC | 47.61 |
| 17 | Erin Clements | 10 Griffins SC | 47.83 |
| 18 | Summer Crowfoot | 11 Broomfield Park | 49.03 |

Event 5 Girls 12-13 50 SC Metre Backstroke

| | Name | Age Team | Time |
|-----|--------------------|---------------------------------|-------------|
| 1 | Aoife Clark-McGhee | 13 London Borough of Redbridge | 34.96 |
| 2 | Hannah Thomas | 12 Edmonton Phoenix SC | 36.06 |
| 3 | Rosie Webber | 12 Romford Town SC | 37.11 |
| 4 | Sophie Thompson | 13 Romford Town SC | 37.88 |
| 5 | Emma Hasler | 13 Borough of Waltham Forest SC | 38.27 |
| 6 | Eris Crawford | 13 Borough of Waltham Forest SC | 38.53 |
| 7 | Leah Honychurch | 13 Enfield | 38.76 |
| 8 | Kelly Floyd | 12 Broomfield Park | 39.44 |
| 9 | Emma Castricone | 12 Enfield | 39.52 |
| 10 | Taria Carson | 12 Edmonton Phoenix SC | 39.86 |
| 11 | Anna Simou | 12 Enfield | 41.14 |
| 12 | Rae Bibb | 12 London Borough of Redbridge | 41.37 |
| 13 | Sydney Taylor | 12 Edmonton Phoenix SC | 42.53 |
| 14 | Charlie Eves | 12 Borough of Waltham Forest SC | 42.55 |
| --- | Zahra Neshat | 12 Edmonton Phoenix SC | DQ |

6.2 Left position on the back (other than to initiate a turn)

Event 5 Girls 14-15 50 SC Metre Backstroke

| | Name | Age Team | Time |
|---|---------------|--------------------------------|-------------|
| 1 | Sarah Browne | 14 Edmonton Phoenix SC | 35.20 |
| 2 | Sophie Hollis | 14 London Borough of Redbridge | 37.02 |

Event 5 Girls 16 & Over 50 SC Metre Backstroke

| | Name | Age Team | Time |
|---|---------------|-----------------|-------------|
| 1 | Lauren Willox | 16 Enfield | 34.82 |

Event 6 Boys 9-11 50 SC Metre Backstroke

| | Name | Age Team | Time |
|----|-----------------|---------------------------------|-------------|
| 1 | Josh Kirlew | 9 Edmonton Phoenix SC | 39.34 |
| 2 | Joshua Burcombe | 10 Borough of Waltham Forest SC | 39.44 |
| 3 | Sam Allsop | 11 Romford Town SC | 40.78 |
| 4 | Nathan Leong | 11 Borough of Waltham Forest SC | 40.93 |
| 5 | Jordan Jordanou | 11 Griffins SC | 41.72 |
| 6 | Reece Nicholls | 9 Borough of Waltham Forest SC | 42.05 |
| 7 | Jack Dunn | 10 Griffins SC | 42.91 |
| 8 | Ryan Nicholls | 11 Borough of Waltham Forest SC | 43.74 |
| 9 | James Whiting | 9 Edmonton Phoenix SC | 44.07 |
| 10 | Ross McCarthy | 10 Enfield | 44.09 |
| 11 | Theo Athientis | 10 London Borough of Redbridge | 44.14 |
| 12 | Dominic Davies | 11 Borough of Waltham Forest SC | 44.16 |
| 13 | Zachary Coleman | 10 Romford Town SC | 44.19 |
| 14 | Mitchell Wilson | 9 Romford Town SC | 44.29 |
| 15 | Ethan Renny | 11 Enfield | 45.16 |
| 16 | Jemil Payet | 11 Enfield | 45.97 |
| 17 | Jeremy Nockels | 10 Borough of Waltham Forest SC | 46.55 |
| 18 | Niccolo Amoroso | 9 London Borough of Redbridge | 48.52 |
| 19 | Aiden Jackson | 9 Romford Town SC | 48.69 |
| 20 | Connor Julian | 10 Romford Town SC | 49.60 |
| 21 | Robert Benson | 10 Romford Town SC | 50.87 |
| 22 | Shane Allen | 9 Enfield | 52.47 |
| 23 | Matthew Hoare | 10 Griffins SC | 53.10 |

(Event 6 Boys 9-11 50 SC Metre Backstroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|---------------|--------------------|-------|
| 24 Max Stuart | 10 Romford Town SC | 57.78 |

Event 6 Boys 12-13 50 SC Metre Backstroke

| Name | Age Team | Time |
|---------------------|------------------------|-------|
| 1 Harry Jenner | 13 Enfield | 32.87 |
| 2 Michael Tunstall | 13 Edmonton Phoenix SC | 33.28 |
| 3 Ryan McCarthy | 13 Enfield | 35.34 |
| 4 Joshua Rogers | 13 Romford Town SC | 36.02 |
| 5 Thomas Benson | 13 Romford Town SC | 38.61 |
| 6 Jesse Taylor | 13 Edmonton Phoenix SC | 38.66 |
| 7 Charlie Davis | 12 Romford Town SC | 39.13 |
| 8 Oliver Applebee | 12 Romford Town SC | 40.05 |
| 9 Joe Glazebrook | 12 Edmonton Phoenix SC | 41.20 |
| 10 Thomas Disney | 12 Edmonton Phoenix SC | 41.58 |
| 11 Tsz Wai Wu | 13 Griffins SC | 42.04 |
| 12 Lewis Julian | 12 Romford Town SC | 44.40 |
| 13 Dylan Williams | 12 Enfield | 45.54 |
| --- Thomas Connolly | 12 Bishops Stortford | DQ |

6.2 Left position on the back (other than to initiate a turn)

Event 6 Boys 14-15 50 SC Metre Backstroke

| Name | Age Team | Time |
|--------------------|---------------------------------|-------|
| 1 Alistair France | 15 Borough of Waltham Forest SC | 33.25 |
| 2 Oliver Burling | 15 Borough of Waltham Forest SC | 34.11 |
| 3 Reece Ballett | 14 Edmonton Phoenix SC | 35.01 |
| 4 Charlie Crowfoot | 14 Broomfield Park | 36.30 |
| 5 Noel Angland | 15 Edmonton Phoenix SC | 39.17 |

Event 6 Boys 16 & Over 50 SC Metre Backstroke

| Name | Age Team | Time |
|--------------|--------------------|-------|
| 1 David Ward | 16 Romford Town SC | 34.46 |

Event 7 Girls 9-11 200 SC Metre IM

| Name | Age Team | Time |
|-------------------------------|--------------------------------|---------|
| 1 Victoria Christmas | 11 Romford Town SC | 2:45.61 |
| 36.57 1:18.48 2:09.20 2:45.61 | | |
| 2 Rachael Gunn | 11 Bishops Stortford | 2:56.70 |
| 39.71 1:24.81 2:16.90 2:56.70 | | |
| 3 Sophie Ward | 10 Romford Town SC | 2:56.90 |
| 38.79 1:26.03 2:17.62 2:56.90 | | |
| 4 Fiona Westcough | 11 Griffins SC | 2:57.36 |
| 42.53 1:26.19 2:19.98 2:57.36 | | |
| 5 Grace Ledwith | 11 Bishops Stortford | 3:04.05 |
| 42.12 1:25.55 2:22.37 3:04.05 | | |
| 6 Caitlin Robinson | 10 London Borough of Redbridge | 3:05.61 |
| 46.04 1:30.06 2:24.45 3:05.61 | | |
| 7 Jessie Montague | 9 Enfield | 3:09.86 |
| 43.22 1:29.83 2:28.17 3:09.86 | | |
| 8 Sara Khadraoui | 11 Enfield | 3:11.52 |
| 49.74 1:39.17 2:29.11 3:11.52 | | |
| 9 Claire Golightly | 11 London Borough of Redbridge | 3:12.18 |
| 49.70 1:37.45 2:30.57 3:12.18 | | |
| 10 Sophie Priddle | 10 London Borough of Redbridge | 3:12.24 |
| 47.16 1:35.10 2:30.09 3:12.24 | | |
| 11 Bethan Holder | 11 Edmonton Phoenix SC | 3:16.77 |
| 43.75 1:34.56 2:33.69 3:16.77 | | |
| 12 Afton Doe | 10 Edmonton Phoenix SC | 3:20.96 |
| 45.46 1:34.09 2:34.28 3:20.96 | | |

(Event 7 Girls 9-11 200 SC Metre IM)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age | Team | Time |
|----|-------------------------|------------|-----------------------------|-------------|
| 13 | Eloise Montanana | 9 | London Borough of Redbridge | 3:23.60 |
| | 51.75 1:42.96 2:41.36 | | 3:23.60 | |
| 14 | Charlie Bird | 10 | London Borough of Redbridge | 3:24.99 |
| | 50.27 1:41.58 2:40.92 | | 3:24.99 | |
| 15 | Caroline Dunnett | 10 | Griffins SC | 3:25.93 |
| | 50.76 1:43.06 2:41.82 | | 3:25.93 | |
| 16 | Lucy Harwood | 9 | London Borough of Redbridge | 3:30.07 |
| | 49.56 1:41.82 2:47.10 | | 3:30.07 | |
| 17 | Mathuri Karunakaran | 11 | London Borough of Redbridge | 3:34.38 |
| | 50.23 1:45.78 2:46.29 | | 3:34.38 | |
| 18 | Maddie Webber | 10 | Romford Town SC | 3:35.53 |
| | 56.28 1:50.83 2:49.00 | | 3:35.53 | |
| 19 | Skye Fairlie-Vogt | 11 | Bishops Stortford | 3:42.38 |
| | 54.29 1:49.31 2:52.72 | | 3:42.38 | |
| 20 | Sankavee Karunakaran | 9 | London Borough of Redbridge | 4:32.18 |
| | 1:09.79 2:14.04 3:32.72 | | 4:32.18 | |

Event 7 Girls 12-13 200 SC Metre IM

| | Name | Age | Team | Time |
|-----|--|------------|------------------------------|-------------|
| 1 | Haley Golightly | 13 | London Borough of Redbridge | 2:39.87 |
| | 35.62 1:19.32 2:03.94 | | 2:39.87 | |
| 2 | Sadie Lucas | 13 | London Borough of Redbridge | 2:47.75 |
| | 36.90 1:19.32 2:08.28 | | 2:47.75 | |
| 3 | Emma Hasler | 13 | Borough of Waltham Forest SC | 2:49.88 |
| | 37.24 1:20.96 2:13.47 | | 2:49.88 | |
| 4 | Eris Crawford | 13 | Borough of Waltham Forest SC | 2:52.02 |
| | 36.94 1:22.49 2:13.82 | | 2:52.02 | |
| 5 | Emma Aston | 12 | Romford Town SC | 2:52.30 |
| | 40.24 1:24.94 2:15.26 | | 2:52.30 | |
| 6 | Nicola Eveleigh | 13 | Griffins SC | 2:53.33 |
| | 39.43 1:20.95 2:14.59 | | 2:53.33 | |
| 7 | Rosie Webber | 12 | Romford Town SC | 2:55.19 |
| | 38.72 1:21.90 2:17.42 | | 2:55.19 | |
| 8 | Katie McGarry | 13 | Bishops Stortford | 2:57.18 |
| | 36.90 1:19.53 2:14.35 | | 2:57.18 | |
| 9 | Sophia Amoroso | 12 | London Borough of Redbridge | 2:57.23 |
| | 41.95 1:27.53 2:18.55 | | 2:57.23 | |
| 10 | Rae Bibb | 12 | London Borough of Redbridge | 3:09.82 |
| | 44.90 1:34.54 2:26.67 | | 3:09.82 | |
| 11 | Sydney Taylor | 12 | Edmonton Phoenix SC | 3:10.35 |
| | 45.14 1:35.70 2:28.85 | | 3:10.35 | |
| --- | Gemma Agnew | 12 | Griffins SC | DQ |
| | 6.2 Left position on the back (other than to initiate a turn) - back | | | |
| | 45.23 1:31.39 2:28.72 | | DQ | |

Event 7 Girls 14-15 200 SC Metre IM

| | Name | Age | Team | Time |
|---|-----------------------|------------|---------------------|-------------|
| 1 | Megan Holder | 14 | Edmonton Phoenix SC | 2:37.71 |
| | 34.55 1:15.41 2:01.43 | | 2:37.71 | |
| 2 | Sarah Browne | 14 | Edmonton Phoenix SC | 2:44.14 |
| | 36.30 1:16.45 2:08.20 | | 2:44.14 | |
| 3 | Hannah Coles | 14 | Romford Town SC | 2:49.77 |
| | 38.42 1:20.82 2:11.18 | | 2:49.77 | |
| 4 | Zoe Wells | 15 | Griffins SC | 2:56.44 |
| | 39.66 1:24.21 2:18.10 | | 2:56.44 | |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 8 Boys 9-11 200 SC Metre IM**

| | Name | Age | Team | Time |
|-----|--|-----|------------------------------|---------|
| 1 | Nathan Leong | 11 | Borough of Waltham Forest SC | 2:42.64 |
| | 34.64 1:16.86 2:04.62 | | 2:42.64 | |
| 2 | Elliot Bertram | 11 | Griffins SC | 2:46.22 |
| | 36.81 1:20.09 2:11.18 | | 2:46.22 | |
| 3 | Fraser Scott | 11 | London Borough of Redbridge | 2:54.58 |
| | 39.72 1:26.65 2:16.43 | | 2:54.58 | |
| 4 | Frank McGirk | 11 | London Borough of Redbridge | 2:57.20 |
| | 45.28 1:29.47 2:20.90 | | 2:57.20 | |
| 5 | Sam Allsop | 11 | Romford Town SC | 3:01.64 |
| | 39.76 1:27.55 2:23.21 | | 3:01.64 | |
| 6 | Joshua Burcombe | 10 | Borough of Waltham Forest SC | 3:02.73 |
| | 42.12 1:30.10 2:25.58 | | 3:02.73 | |
| 7 | Morgan Brown | 11 | London Borough of Redbridge | 3:07.25 |
| | 43.85 1:31.17 2:26.58 | | 3:07.25 | |
| 8 | Joseph Zlotnick | 9 | Griffins SC | 3:07.38 |
| | 43.20 1:28.51 2:27.21 | | 3:07.38 | |
| 9 | Connor Houlihan | 10 | Romford Town SC | 3:08.32 |
| | 44.37 1:32.49 2:29.68 | | 3:08.32 | |
| 10 | Josh Kirlew | 9 | Edmonton Phoenix SC | 3:08.60 |
| | 41.57 1:29.50 2:29.99 | | 3:08.60 | |
| 11 | Jack Dunn | 10 | Griffins SC | 3:15.53 |
| | 49.04 1:38.43 2:33.69 | | 3:15.53 | |
| 12 | Ryan Nicholls | 11 | Borough of Waltham Forest SC | 3:16.50 |
| | 44.61 1:37.11 2:36.05 | | 3:16.50 | |
| 13 | Zachary Coleman | 10 | Romford Town SC | 3:18.69 |
| | 49.25 1:39.14 2:37.66 | | 3:18.69 | |
| 14 | Jeremy Nockels | 10 | Borough of Waltham Forest SC | 3:19.05 |
| | 47.82 1:39.82 2:34.54 | | 3:19.05 | |
| 15 | Oliver Coles | 10 | Romford Town SC | 3:20.56 |
| | 47.44 1:38.42 2:38.38 | | 3:20.56 | |
| 16 | Reece Nicholls | 9 | Borough of Waltham Forest SC | 3:22.75 |
| | 50.16 1:38.85 2:37.78 | | 3:22.75 | |
| 17 | Ross McCarthy | 10 | Enfield | 3:29.50 |
| | 50.88 1:43.86 2:46.83 | | 3:29.50 | |
| --- | Dominic Davies | 11 | Borough of Waltham Forest SC | DQ |
| | 6.2 Left position on the back (other than to initiate a turn) - back | | | |
| | 51.90 1:43.21 2:46.70 | | DQ | |

Event 8 Boys 12-13 200 SC Metre IM

| | Name | Age | Team | Time |
|---|-----------------------|-----|-----------------------------|---------|
| 1 | Harry Coker | 13 | Romford Town SC | 2:31.07 |
| | 32.82 1:11.51 1:55.49 | | 2:31.07 | |
| 2 | Michael Tunstall | 13 | Edmonton Phoenix SC | 2:38.64 |
| | 36.07 1:15.48 2:03.75 | | 2:38.64 | |
| 3 | Toby Pasmore | 12 | Griffins SC | 2:40.04 |
| | 37.69 1:18.90 2:05.78 | | 2:40.04 | |
| 4 | Ryan McCarthy | 13 | Enfield | 2:43.05 |
| | 35.78 1:16.75 2:07.43 | | 2:43.05 | |
| 5 | Harry Jenner | 13 | Enfield | 2:47.17 |
| | 35.33 1:18.15 2:09.80 | | 2:47.17 | |
| 6 | Samuel Kelly | 12 | London Borough of Redbridge | 2:48.72 |
| | 38.48 1:19.44 2:11.78 | | 2:48.72 | |
| 7 | Thomas Benson | 13 | Romford Town SC | 2:51.49 |
| | 38.56 1:21.42 2:14.29 | | 2:51.49 | |
| 8 | Jesse Taylor | 13 | Edmonton Phoenix SC | 2:55.04 |
| | 36.87 1:21.37 2:16.22 | | 2:55.04 | |

(Event 8 Boys 12-13 200 SC Metre IM)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age | Team | Time |
|-------------------------|---------|------------------------------|---------|
| 9 Charlie Davis | 12 | Romford Town SC | 2:56.67 |
| 39.77 1:25.67 2:16.44 | 2:56.67 | | |
| 10 Matthew Aldous Horne | 12 | Bishops Stortford | 2:58.14 |
| 41.79 1:29.95 2:18.62 | 2:58.14 | | |
| 11 Kyle Hall | 12 | London Borough of Redbridge | 2:58.34 |
| 40.54 1:27.03 2:22.06 | 2:58.34 | | |
| 12 Oliver Applebee | 12 | Romford Town SC | 2:58.80 |
| 45.99 1:30.19 2:21.27 | 2:58.80 | | |
| 13 Thomas Connolly | 12 | Bishops Stortford | 2:59.60 |
| 39.10 1:28.34 2:20.44 | 2:59.60 | | |
| 14 Stephen Truong | 12 | London Borough of Redbridge | 3:00.77 |
| 42.24 1:27.93 2:20.55 | 3:00.77 | | |
| 15 Lee Farmer | 12 | Borough of Waltham Forest SC | 3:10.42 |
| 43.41 1:30.42 2:29.55 | 3:10.42 | | |

Event 8 Boys 14-15 200 SC Metre IM

| Name | Age | Team | Time |
|-----------------------|---------|------------------------------|---------|
| 1 Zach Kirlew | 14 | Edmonton Phoenix SC | 2:23.45 |
| 31.10 1:08.11 1:50.92 | 2:23.45 | | |
| 2 Oliver Burling | 15 | Borough of Waltham Forest SC | 2:26.50 |
| 33.71 1:11.51 1:54.19 | 2:26.50 | | |
| 3 Alistair France | 15 | Borough of Waltham Forest SC | 2:33.12 |
| 34.37 1:13.37 2:00.60 | 2:33.12 | | |
| 4 Adam Gillard | 14 | London Borough of Redbridge | 2:34.19 |
| 33.92 1:12.76 2:00.13 | 2:34.19 | | |
| 5 Tom Beadle | 14 | London Borough of Redbridge | 2:39.24 |
| 34.43 1:14.61 2:04.54 | 2:39.24 | | |
| 6 Alex Hayman | 14 | London Borough of Redbridge | 2:40.33 |
| 35.11 1:16.37 2:04.38 | 2:40.33 | | |
| 7 Alex Pasmore | 14 | Griffins SC | 2:42.61 |
| 33.81 1:15.02 2:06.75 | 2:42.61 | | |
| 8 Conor Toolis | 14 | Romford Town SC | 2:43.09 |
| 35.58 1:19.66 2:08.07 | 2:43.09 | | |

Event 9 Girls 9-11 200 SC Metre Freestyle

| Name | Age | Team | Time |
|-----------------------|---------|-----------------------------|---------|
| 1 Fiona Westcough | 11 | Griffins SC | 2:29.83 |
| 35.33 1:13.74 1:52.62 | 2:29.83 | | |
| 2 Grace Ledwith | 11 | Bishops Stortford | 2:40.30 |
| 37.87 1:19.41 2:02.15 | 2:40.30 | | |
| 3 Ellen Blane | 11 | Enfield | 2:42.63 |
| 37.09 1:20.00 2:03.60 | 2:42.63 | | |
| 4 Claire Golightly | 11 | London Borough of Redbridge | 2:45.21 |
| 38.27 1:20.78 2:03.71 | 2:45.21 | | |
| 5 Sevin Crawford | 11 | London Borough of Redbridge | 2:50.76 |
| 38.26 1:22.86 2:08.38 | 2:50.76 | | |
| 6 Sophie Priddle | 10 | London Borough of Redbridge | 2:50.83 |
| 40.31 1:23.90 2:07.88 | 2:50.83 | | |
| 7 Bethan Holder | 11 | Edmonton Phoenix SC | 2:52.92 |
| 40.60 1:26.01 2:10.93 | 2:52.92 | | |
| 8 Eleanor Hosford | 11 | Enfield | 2:53.68 |
| 40.72 1:25.67 2:11.38 | 2:53.68 | | |
| 9 Caitlin Robinson | 10 | London Borough of Redbridge | 2:54.54 |
| 40.60 1:25.47 2:11.09 | 2:54.54 | | |
| 10 Charlie Bird | 10 | London Borough of Redbridge | 2:59.07 |
| 39.82 1:26.27 2:13.85 | 2:59.07 | | |
| 11 Despina Aslam | 11 | Griffins SC | 2:59.38 |
| 38.54 1:24.67 2:13.44 | 2:59.38 | | |

Enfield Open Meet - 16/05/2009 to 17/05/2009

Results

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age | Team | Time |
|----|-----------------------|------------|-----------------------------|-------------|
| 12 | Caroline Dunnett | 10 | Griffins SC | 3:01.41 |
| | 42.70 1:28.48 2:16.49 | 3:01.41 | | |
| 13 | Eloise Montanana | 9 | London Borough of Redbridge | 3:02.16 |
| | 43.44 1:29.24 2:15.78 | 3:02.16 | | |
| 14 | Afton Doe | 10 | Edmonton Phoenix SC | 3:02.88 |
| | 41.41 1:27.93 2:15.54 | 3:02.88 | | |
| 15 | Lucy Harwood | 9 | London Borough of Redbridge | 3:03.69 |
| | 42.02 1:30.86 2:20.42 | 3:03.69 | | |
| 16 | Victoria Bishop | 9 | Romford Town SC | 3:06.64 |
| | 40.24 1:28.48 2:18.17 | 3:06.64 | | |
| 17 | Isabel Levine | 10 | London Borough of Redbridge | 3:10.23 |
| | 44.35 1:32.82 2:22.47 | 3:10.23 | | |
| 18 | Maddie Webber | 10 | Romford Town SC | 3:13.58 |
| | 41.92 1:32.35 2:25.59 | 3:13.58 | | |
| 19 | Jessika Nethaway | 10 | Enfield | 3:16.65 |
| | 44.41 1:36.73 2:29.07 | 3:16.65 | | |
| 20 | Mathuri Karunakaran | 11 | London Borough of Redbridge | 3:18.61 |
| | 44.45 1:35.39 2:28.38 | 3:18.61 | | |
| 21 | Sankavee Karunakaran | 9 | London Borough of Redbridge | 3:56.27 |
| | 55.76 1:56.18 2:57.85 | 3:56.27 | | |

Event 9 Girls 12-13 200 SC Metre Freestyle

| | Name | Age | Team | Time |
|----|-----------------------|------------|------------------------------|-------------|
| 1 | Emma Hasler | 13 | Borough of Waltham Forest SC | 2:30.06 |
| | 35.33 1:13.39 1:51.73 | 2:30.06 | | |
| 2 | Rosie Webber | 12 | Romford Town SC | 2:30.39 |
| | 35.29 1:14.14 1:53.28 | 2:30.39 | | |
| 3 | Nicola Eveleigh | 13 | Griffins SC | 2:31.56 |
| | 35.07 1:13.94 1:53.82 | 2:31.56 | | |
| 4 | Emma Aston | 12 | Romford Town SC | 2:33.34 |
| | 35.57 1:15.05 1:54.72 | 2:33.34 | | |
| 5 | Ellie Wright | 12 | London Borough of Redbridge | 2:33.59 |
| | 34.19 1:12.99 1:53.88 | 2:33.59 | | |
| 6 | Courtney Wilson | 13 | Romford Town SC | 2:35.86 |
| | 34.36 1:13.14 1:54.10 | 2:35.86 | | |
| 7 | Sophia Amoroso | 12 | London Borough of Redbridge | 2:35.90 |
| | 36.36 1:16.13 1:57.23 | 2:35.90 | | |
| 8 | Charlie Eves | 12 | Borough of Waltham Forest SC | 2:40.30 |
| | 37.07 1:17.66 1:59.71 | 2:40.30 | | |
| 9 | Shannon Purcell | 12 | London Borough of Redbridge | 2:50.83 |
| | 40.13 1:23.24 2:08.07 | 2:50.83 | | |
| 10 | Emma Castricone | 12 | Enfield | 2:54.05 |
| | 41.37 1:27.18 2:13.77 | 2:54.05 | | |

Event 9 Girls 14-15 200 SC Metre Freestyle

| | Name | Age | Team | Time |
|---|-----------------------|------------|-----------------------------|-------------|
| 1 | Sarah Browne | 14 | Edmonton Phoenix SC | 2:19.81 |
| | 32.47 1:07.26 1:43.58 | 2:19.81 | | |
| 2 | Sophie Hollis | 14 | London Borough of Redbridge | 2:29.08 |
| | 33.84 1:11.75 1:51.42 | 2:29.08 | | |
| 3 | Megan Holder | 14 | Edmonton Phoenix SC | 2:29.63 |
| | 33.07 1:10.39 1:49.73 | 2:29.63 | | |
| 4 | Isobel Allsop | 15 | Romford Town SC | 2:29.93 |
| | 34.93 1:13.51 1:52.45 | 2:29.93 | | |
| 5 | Rachel Harris | 15 | Edmonton Phoenix SC | 2:31.73 |
| | 35.17 1:14.03 1:52.97 | 2:31.73 | | |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 9 Girls 16 & Over 200 SC Metre Freestyle**

| Name | Age | Team | Time |
|-------------------------------|-----|------------------------------|---------|
| 1 Catherine Demont | 18 | Borough of Waltham Forest SC | 2:11.59 |
| 30.55 1:03.69 1:37.74 2:11.59 | | | |
| 2 Lauren Willox | 16 | Enfield | 2:41.45 |
| 34.02 1:15.27 2:00.09 2:41.45 | | | |

Event 10 Boys 9-11 200 SC Metre Freestyle

| Name | Age | Team | Time |
|-------------------------------|-----|------------------------------|---------|
| 1 Frank McGirk | 11 | London Borough of Redbridge | 2:25.96 |
| 33.63 1:11.13 1:49.09 2:25.96 | | | |
| 2 Fraser Scott | 11 | London Borough of Redbridge | 2:32.17 |
| 36.17 1:14.56 1:54.06 2:32.17 | | | |
| 3 Joshua Burcombe | 10 | Borough of Waltham Forest SC | 2:37.11 |
| 36.50 1:17.21 1:58.65 2:37.11 | | | |
| 4 Nathan Leong | 11 | Borough of Waltham Forest SC | 2:37.42 |
| 35.35 1:15.24 1:57.07 2:37.42 | | | |
| 5 Sam Allsop | 11 | Romford Town SC | 2:39.39 |
| 36.89 1:17.77 1:59.82 2:39.39 | | | |
| 6 Morgan Brown | 11 | London Borough of Redbridge | 2:40.69 |
| 36.48 1:17.79 1:59.52 2:40.69 | | | |
| 7 Josh Kirlew | 9 | Edmonton Phoenix SC | 2:45.68 |
| 37.27 1:19.96 2:06.05 2:45.68 | | | |
| 8 Jack Dunn | 10 | Griffins SC | 2:48.40 |
| 38.78 1:23.02 2:07.27 2:48.40 | | | |
| 9 Ryan Nicholls | 11 | Borough of Waltham Forest SC | 2:48.72 |
| 39.18 1:22.36 2:06.67 2:48.72 | | | |
| 10 Youcef Harizi | 11 | Griffins SC | 2:49.50 |
| 37.48 1:21.05 2:06.40 2:49.50 | | | |
| 11 Jemil Payet | 11 | Enfield | 2:53.23 |
| 40.38 1:24.44 2:11.03 2:53.23 | | | |
| 12 Michael Welch | 10 | Griffins SC | 2:55.58 |
| 39.03 1:24.54 2:11.21 2:55.58 | | | |
| 13 Reece Nicholls | 9 | Borough of Waltham Forest SC | 2:55.72 |
| 39.03 1:23.65 2:10.49 2:55.72 | | | |
| 14 Tom Newman | 10 | Edmonton Phoenix SC | 2:56.74 |
| 39.61 1:24.96 2:11.54 2:56.74 | | | |
| 15 Oliver Coles | 10 | Romford Town SC | 3:00.19 |
| 40.56 1:25.89 2:13.50 3:00.19 | | | |
| 16 Jeremy Nockels | 10 | Borough of Waltham Forest SC | 3:01.67 |
| 40.78 1:29.14 2:18.42 3:01.67 | | | |
| 17 Zachary Coleman | 10 | Romford Town SC | 3:02.63 |
| 40.29 1:27.23 2:15.95 3:02.63 | | | |
| 18 James Whiting | 9 | Edmonton Phoenix SC | 3:04.70 |
| 39.49 1:26.47 2:16.90 3:04.70 | | | |
| 19 Dominic Davies | 11 | Borough of Waltham Forest SC | 3:05.06 |
| 41.79 1:29.30 2:17.29 3:05.06 | | | |
| 20 Theo Athientis | 10 | London Borough of Redbridge | 3:09.44 |
| 41.71 1:31.56 2:23.30 3:09.44 | | | |
| 21 Aiden Jackson | 9 | Romford Town SC | 3:10.08 |
| 41.14 1:30.46 2:20.98 3:10.08 | | | |
| 22 Mitchell Wilson | 9 | Romford Town SC | 3:13.99 |
| 40.14 1:31.38 2:23.33 3:13.99 | | | |
| 23 Ben Davis | 10 | Romford Town SC | 3:17.66 |
| 42.30 1:33.58 2:27.81 3:17.66 | | | |
| 24 Jordan Shim | 10 | London Borough of Redbridge | 3:21.81 |
| 44.21 1:34.55 2:28.96 3:21.81 | | | |
| 25 James Lovell | 10 | Griffins SC | 3:22.24 |
| 43.15 1:35.36 2:30.53 3:22.24 | | | |

Enfield Open Meet - 16/05/2009 to 17/05/2009

Results

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age | Team | Time |
|--------------------|---------|-----------------------------|---------|
| 26 Robert Benson | 10 | Romford Town SC | 3:28.87 |
| 47.12 | 1:39.73 | 2:35.26 | 3:28.87 |
| 27 Niccolo Amoroso | 9 | London Borough of Redbridge | 3:37.75 |
| 46.26 | 1:42.73 | 2:41.76 | 3:37.75 |

Event 10 Boys 12-13 200 SC Metre Freestyle

| Name | Age | Team | Time |
|-------------------------|---------|-----------------------------|---------|
| 1 Ryan McCarthy | 13 | Enfield | 2:22.96 |
| 33.32 | 1:09.93 | 1:47.23 | 2:22.96 |
| 2 Samuel Kelly | 12 | London Borough of Redbridge | 2:26.33 |
| 34.28 | 1:11.89 | 1:49.77 | 2:26.33 |
| 3 Sam Bishop | 12 | Romford Town SC | 2:29.41 |
| 33.81 | 1:11.30 | 1:51.10 | 2:29.41 |
| 4 Jesse Taylor | 13 | Edmonton Phoenix SC | 2:31.32 |
| 35.29 | 1:14.49 | 1:54.56 | 2:31.32 |
| 5 Anton Chivers | 13 | Griffins SC | 2:32.16 |
| 34.80 | 1:14.07 | 1:54.58 | 2:32.16 |
| 6 Kyle Hall | 12 | London Borough of Redbridge | 2:32.19 |
| 35.03 | 1:14.10 | 1:54.77 | 2:32.19 |
| 7 Antony Aslam | 12 | Griffins SC | 2:32.83 |
| 33.73 | 1:12.52 | 1:53.23 | 2:32.83 |
| 8 Fabian Jasonson | 12 | Griffins SC | 2:32.88 |
| 35.30 | 1:15.48 | 1:55.63 | 2:32.88 |
| 9 Stephen Truong | 12 | London Borough of Redbridge | 2:35.61 |
| 35.51 | 1:15.14 | 1:55.77 | 2:35.61 |
| 10 Charlie Davis | 12 | Romford Town SC | 2:38.55 |
| 36.60 | 1:17.03 | 1:58.62 | 2:38.55 |
| 11 Tsz Wai Wu | 13 | Griffins SC | 2:45.95 |
| 36.64 | 1:18.25 | 2:02.62 | 2:45.95 |
| 12 Matthew Aldous Horne | 12 | Bishops Stortford | 2:46.00 |
| 37.68 | 1:21.32 | 2:06.22 | 2:46.00 |

Event 10 Boys 14-15 200 SC Metre Freestyle

| Name | Age | Team | Time |
|-------------------|---------|------------------------------|---------|
| 1 Oliver Burling | 15 | Borough of Waltham Forest SC | 2:12.09 |
| 31.32 | 1:04.60 | 1:39.15 | 2:12.09 |
| 2 Alistair France | 15 | Borough of Waltham Forest SC | 2:15.51 |
| 32.21 | 1:07.19 | 1:42.41 | 2:15.51 |
| 3 Tom Beadle | 14 | London Borough of Redbridge | 2:16.21 |
| 32.13 | 1:06.65 | 1:41.65 | 2:16.21 |
| 4 Adam Gillard | 14 | London Borough of Redbridge | 2:17.02 |
| 32.10 | 1:07.33 | 1:42.44 | 2:17.02 |
| 5 Conor Toolis | 14 | Romford Town SC | 2:23.15 |
| 33.06 | 1:09.45 | 1:46.79 | 2:23.15 |
| 6 Zach Neshat | 14 | Edmonton Phoenix SC | 2:57.19 |
| 37.08 | 1:21.23 | 2:10.05 | 2:57.19 |

Event 11 Girls 10-11 100 SC Metre Butterfly

| Name | Age | Team | Time |
|----------------|---------|---------------------|---------|
| 1 Sophie Ward | 10 | Romford Town SC | 1:22.74 |
| 38.88 | 1:22.74 | | |
| 2 Rachael Gunn | 11 | Bishops Stortford | 1:25.91 |
| 39.67 | 1:25.91 | | |
| 3 Beth Hassan | 11 | Enfield | 1:28.62 |
| 41.19 | 1:28.62 | | |
| 4 Afton Doe | 10 | Edmonton Phoenix SC | 1:43.52 |
| 47.62 | 1:43.52 | | |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 11 Girls 12-13 100 SC Metre Butterfly**

| | Name | Age Team | Time |
|---|----------------------------------|---------------------------------|-------------|
| 1 | Sadie Lucas 37.44 1:17.07 | 13 London Borough of Redbridge | 1:17.07 |
| 2 | Rosie Webber 38.19 1:18.55 | 12 Romford Town SC | 1:18.55 |
| 3 | Emma Hasler 37.16 1:19.77 | 13 Borough of Waltham Forest SC | 1:19.77 |
| 4 | Eris Crawford 38.31 1:24.20 | 13 Borough of Waltham Forest SC | 1:24.20 |
| 5 | Ellie Wright 38.46 1:24.64 | 12 London Borough of Redbridge | 1:24.64 |
| 6 | Charlie Eves 40.66 1:26.06 | 12 Borough of Waltham Forest SC | 1:26.06 |
| 7 | Sophie Thompson 40.19 1:26.73 | 13 Romford Town SC | 1:26.73 |

Event 11 Girls 14-15 100 SC Metre Butterfly

| | Name | Age Team | Time |
|---|-------------------------------|------------------------|-------------|
| 1 | Sarah Browne 36.98 1:15.63 | 14 Edmonton Phoenix SC | 1:15.63 |
| 2 | Hannah Coles 38.90 1:20.65 | 14 Romford Town SC | 1:20.65 |
| 3 | Zoe Wells 39.05 1:25.04 | 15 Griffins SC | 1:25.04 |

Event 12 Boys 10-11 100 SC Metre Butterfly

| | Name | Age Team | Time |
|---|----------------------------------|---------------------------------|-------------|
| 1 | Nathan Leong 40.05 1:22.73 | 11 Borough of Waltham Forest SC | 1:22.73 |
| 2 | Joshua Burcombe 41.72 1:31.09 | 10 Borough of Waltham Forest SC | 1:31.09 |
| 3 | Ryan Nicholls 45.71 1:33.87 | 11 Borough of Waltham Forest SC | 1:33.87 |
| 4 | Michael Welch 45.09 1:37.10 | 10 Griffins SC | 1:37.10 |
| 5 | Connor Houlihan 47.91 1:40.42 | 10 Romford Town SC | 1:40.42 |
| 6 | Youcef Harizi 46.56 1:41.68 | 11 Griffins SC | 1:41.68 |

Event 12 Boys 12-13 100 SC Metre Butterfly

| | Name | Age Team | Time |
|---|-----------------------------------|--------------------------------|-------------|
| 1 | Harry Jenner 34.42 1:16.35 | 13 Enfield | 1:16.35 |
| 2 | Michael Tunstall 36.91 1:16.40 | 13 Edmonton Phoenix SC | 1:16.40 |
| 3 | Ben Williams 36.19 1:17.54 | 13 Enfield | 1:17.54 |
| 4 | Thomas Benson 38.02 1:23.26 | 13 Romford Town SC | 1:23.26 |
| 5 | Charlie Davis 40.43 1:25.33 | 12 Romford Town SC | 1:25.33 |
| 6 | Jesse Taylor 40.16 1:26.25 | 13 Edmonton Phoenix SC | 1:26.25 |
| 7 | Stephen Truong 41.53 1:28.23 | 12 London Borough of Redbridge | 1:28.23 |
| 8 | Anton Chivers 41.14 1:28.36 | 13 Griffins SC | 1:28.36 |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 12 Boys 14-15 100 SC Metre Butterfly**

| | Name | Age Team | Time |
|---|----------------------------------|---------------------------------|-------------|
| 1 | Zach Kirlew 30.63 1:06.26 | 14 Edmonton Phoenix SC | 1:06.26 |
| 2 | Thomas Clark 32.05 1:08.46 | 15 Romford Town SC | 1:08.46 |
| 3 | Alex Hayman 32.67 1:10.23 | 14 London Borough of Redbridge | 1:10.23 |
| 4 | Tom Beadle 34.32 1:11.97 | 14 London Borough of Redbridge | 1:11.97 |
| 5 | Oliver Burling 34.04 1:12.10 | 15 Borough of Waltham Forest SC | 1:12.10 |
| 6 | Adam Gillard 34.91 1:12.69 | 14 London Borough of Redbridge | 1:12.69 |
| 7 | Conor Toolis 36.05 1:15.69 | 14 Romford Town SC | 1:15.69 |
| 8 | Alex Pasmore 34.12 1:16.09 | 14 Griffins SC | 1:16.09 |
| 9 | Alistair France 36.21 1:20.83 | 15 Borough of Waltham Forest SC | 1:20.83 |

Event 12 Boys 16 & Over 100 SC Metre Butterfly

| | Name | Age Team | Time |
|---|------------------------------------|----------------------------|-------------|
| 1 | William Allen-Mersh 27.80 59.15 | 20 Chelsea & Kensington SC | 59.15 |

Event 13 Girls 9-11 50 SC Metre Breaststroke

| | Name | Age Team | Time |
|----|----------------------------|--------------------------------|-------------|
| 1 | Rachael Gunn | 11 Bishops Stortford | 41.91 |
| 2 | Jodie Whitehead | 11 Romford Town SC | 42.16 |
| 3 | Sara Khadraoui | 11 Enfield | 43.86 |
| 4 | Sevin Crawford | 11 London Borough of Redbridge | 45.26 |
| 5 | Abbie Castricone | 11 Enfield | 47.82 |
| 6 | Grace Ledwith | 11 Bishops Stortford | 47.98 |
| 7 | Eleanor Hosford | 11 Enfield | 48.47 |
| 8 | Mathuri Karunakaran | 11 London Borough of Redbridge | 48.69 |
| 9 | Victoria Bishop | 9 Romford Town SC | 49.03 |
| 10 | Rianne Benjamin | 11 Enfield | 49.45 |
| 11 | Maddie Webber | 10 Romford Town SC | 49.84 |
| 12 | Alexandria Adams Steblecki | 11 Enfield | 50.66 |
| 13 | Despina Aslam | 11 Griffins SC | 51.60 |
| 14 | Jessika Nethaway | 10 Enfield | 51.95 |
| 15 | Chloe Thompson | 9 Romford Town SC | 52.26 |
| 16 | Caroline Dunnett | 10 Griffins SC | 53.38 |
| 17 | Louise Harvey | 10 Enfield | 54.00 |
| 18 | Yasemin Erensoy | 10 Edmonton Phoenix SC | 54.62 |

Event 13 Girls 12-13 50 SC Metre Breaststroke

| | Name | Age Team | Time |
|---|-----------------|---------------------------------|-------------|
| 1 | Sadie Lucas | 13 London Borough of Redbridge | 40.49 |
| 2 | Kelly Floyd | 12 Broomfield Park | 42.24 |
| 3 | Rae Bibb | 12 London Borough of Redbridge | 42.98 |
| 4 | Courtney Wilson | 13 Romford Town SC | 43.11 |
| 5 | Katie McGarry | 13 Bishops Stortford | 44.25 |
| 6 | Gemma Agnew | 12 Griffins SC | 44.94 |
| 7 | Charlie Eves | 12 Borough of Waltham Forest SC | 45.51 |
| 8 | Emma Aston | 12 Romford Town SC | 45.62 |
| 9 | Shannon Purcell | 12 London Borough of Redbridge | 45.96 |

(Event 13 Girls 12-13 50 SC Metre Breaststroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age Team | Time |
|----|-----------------|------------------------|-------------|
| 10 | Ann Marie Smith | 12 Romford Town SC | 46.63 |
| 11 | Niamh Angland | 12 Edmonton Phoenix SC | 49.58 |
| 12 | Zahra Neshat | 12 Edmonton Phoenix SC | 1:03.07 |

Event 13 Girls 14-15 50 SC Metre Breaststroke

| | Name | Age Team | Time |
|---|---------------|------------------------|-------------|
| 1 | Megan Holder | 14 Edmonton Phoenix SC | 39.70 |
| 2 | Isobel Allsop | 15 Romford Town SC | 40.71 |
| 3 | Gabriella | 14 Enfield | 42.49 |
| 4 | Sarah Browne | 14 Edmonton Phoenix SC | 42.51 |

Event 13 Girls 16 & Over 50 SC Metre Breaststroke

| | Name | Age Team | Time |
|---|---------------|-----------------|-------------|
| 1 | Lauren Willox | 16 Enfield | 38.83 |

Event 14 Boys 9-11 50 SC Metre Breaststroke

| | Name | Age Team | Time |
|----|--------------------|---------------------------------|-------------|
| 1 | Nathan Leong | 11 Borough of Waltham Forest SC | 42.08 |
| 2 | Connor Houlihan | 10 Romford Town SC | 45.99 |
| 3 | Jordan Jordanou | 11 Griffins SC | 46.11 |
| 4 | Joshua Burcombe | 10 Borough of Waltham Forest SC | 46.15 |
| 5 | Youcef Harizi | 11 Griffins SC | 47.51 |
| 6 | Ethan Renny | 11 Enfield | 47.72 |
| 7 | Tom Newman | 10 Edmonton Phoenix SC | 47.86 |
| 8 | Jeremy Nockels | 10 Borough of Waltham Forest SC | 48.16 |
| 9 | Josh Kirlew | 9 Edmonton Phoenix SC | 48.64 |
| 10 | Aiden Jackson | 9 Romford Town SC | 48.81 |
| 11 | Jemil Payet | 11 Enfield | 48.88 |
| 12 | Mitchell Wilson | 9 Romford Town SC | 50.39 |
| 13 | Christopher Morgan | 10 Enfield | 50.59 |
| 14 | Reece Nicholls | 9 Borough of Waltham Forest SC | 51.96 |
| 15 | Luke Harvey Nguyen | 9 Enfield | 52.22 |
| 16 | Zachary Coleman | 10 Romford Town SC | 52.31 |
| 17 | Jordan Shim | 10 London Borough of Redbridge | 52.42 |
| 18 | Ben Davis | 10 Romford Town SC | 52.62 |
| 19 | Connor Julian | 10 Romford Town SC | 52.76 |
| 20 | Theo Athientis | 10 London Borough of Redbridge | 53.87 |
| 21 | James Whiting | 9 Edmonton Phoenix SC | 57.11 |
| 22 | Callum McCabe | 10 Edmonton Phoenix SC | 58.07 |
| 23 | James Lovell | 10 Griffins SC | 58.19 |
| 24 | Niccolo Amoroso | 9 London Borough of Redbridge | 1:01.58 |
| 25 | Robert Benson | 10 Romford Town SC | 1:01.64 |
| 26 | Shane Allen | 9 Enfield | 1:02.12 |
| 27 | Matthew Hoare | 10 Griffins SC | 1:02.63 |

Event 14 Boys 12-13 50 SC Metre Breaststroke

| | Name | Age Team | Time |
|----|----------------------|------------------------|-------------|
| 1 | Toby Pasmore | 12 Griffins SC | 38.60 |
| 2 | Matthew Aldous Horne | 12 Bishops Stortford | 40.88 |
| 3 | Antony Aslam | 12 Griffins SC | 42.09 |
| 4 | Charlie Davis | 12 Romford Town SC | 43.13 |
| 5 | Thomas Benson | 13 Romford Town SC | 43.48 |
| 6 | Anton Chivers | 13 Griffins SC | 43.94 |
| 7 | Scott Harvey | 13 Enfield | 44.19 |
| 8 | Tsz Wai Wu | 13 Griffins SC | 44.56 |
| 9 | Callum Palmer | 12 Edmonton Phoenix SC | 47.63 |
| 10 | Lewis Julian | 12 Romford Town SC | 52.54 |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 14 Boys 14-15 50 SC Metre Breaststroke**

| Name | Age Team | Time |
|-------------------|---------------------------------|-------|
| 1 Thomas Clark | 15 Romford Town SC | 36.88 |
| 2 Emries Ellis | 15 Enfield | 38.36 |
| 3 Alistair France | 15 Borough of Waltham Forest SC | 38.44 |
| 4 Oliver Burling | 15 Borough of Waltham Forest SC | 38.77 |
| 5 Ricardo Sowe | 14 Enfield | 39.81 |
| 6 Noel Angland | 15 Edmonton Phoenix SC | 42.47 |

Event 14 Boys 16 & Over 50 SC Metre Breaststroke

| Name | Age Team | Time |
|---------------|------------|-------|
| 1 Gavin Merry | 16 Enfield | 35.22 |

Event 15 Girls 9-11 400 SC Metre Freestyle

| Name | Age Team | Time |
|---|---------------------------------|---------|
| 1 Grace Wingrove | 11 London Borough of Redbridge | 5:08.59 |
| 1:53.40 2:33.28 3:13.23 3:52.17 4:31.19 5:08.59 | | |
| 2 Ellen Blane | 11 Enfield | 5:37.28 |
| 37.85 1:20.02 2:03.54 2:46.86 3:29.55 4:13.26 4:56.82 5:37.28 | | |
| 3 Claire Golightly | 11 London Borough of Redbridge | 5:45.25 |
| 39.01 1:22.77 2:07.17 2:50.71 3:34.20 4:18.16 5:02.25 5:45.25 | | |
| 4 Apolline Bokkerink | 10 Chelsea & Kensington SC | 5:48.32 |
| 39.27 1:23.12 2:08.36 2:52.82 3:37.75 4:22.26 5:05.88 5:48.32 | | |
| 5 Eloise Montanana | 9 London Borough of Redbridge | 5:49.68 |
| 40.30 1:24.20 2:08.81 2:53.84 3:39.06 4:24.02 5:08.33 5:49.68 | | |
| 6 Caitlin Robinson | 10 London Borough of Redbridge | 5:52.63 |
| 38.94 1:22.91 2:07.50 2:52.66 3:38.42 4:24.07 5:09.21 5:52.63 | | |
| 7 Jessie Montague | 9 Enfield | 5:54.06 |
| 39.19 1:23.51 2:09.56 2:55.26 3:40.88 4:25.64 5:11.59 5:54.06 | | |
| 8 Sevin Crawford | 11 London Borough of Redbridge | 5:57.67 |
| 38.79 1:22.55 2:07.75 2:53.12 3:39.81 4:25.09 5:13.30 5:57.67 | | |
| 9 Pasha George | 10 Borough of Waltham Forest SC | 5:58.24 |
| 37.90 1:23.40 2:09.35 2:55.48 3:41.44 4:26.78 5:10.76 5:58.24 | | |
| 10 Sophie Priddle | 10 London Borough of Redbridge | 5:58.56 |
| 40.93 1:25.97 2:11.31 2:58.04 3:43.14 4:28.45 5:13.70 5:58.56 | | |
| 11 Bethan Holder | 11 Edmonton Phoenix SC | 5:58.57 |
| 41.00 1:26.46 2:13.80 2:59.01 3:43.74 4:28.95 5:12.24 5:58.57 | | |
| 12 Eleanor Hosford | 11 Enfield | 6:05.35 |
| 41.07 1:25.79 2:13.22 3:00.35 3:48.62 4:37.20 5:21.72 6:05.35 | | |
| 13 Isabel Levine | 10 London Borough of Redbridge | 6:35.45 |
| 44.41 1:33.90 2:23.97 3:15.40 4:06.79 4:58.38 5:49.01 6:35.45 | | |
| 14 Lucy Harwood | 9 London Borough of Redbridge | 6:35.97 |
| 44.25 1:33.97 2:24.87 3:17.78 4:10.13 5:01.22 5:51.77 6:35.97 | | |

Event 15 Girls 12-13 400 SC Metre Freestyle

| Name | Age Team | Time |
|---|---------------------------------|---------|
| 1 Nina McGarvey | 13 Edmonton Phoenix SC | 4:52.43 |
| 1:46.51 2:23.87 3:01.33 3:38.89 4:16.22 4:52.43 | | |
| 2 Emma Hasler | 13 Borough of Waltham Forest SC | 4:53.01 |
| 1:47.14 2:24.27 3:01.34 3:38.59 4:16.66 4:53.01 | | |
| 3 Jess Lambert | 13 London Borough of Redbridge | 4:59.70 |
| 1:48.36 2:26.60 3:05.00 3:43.43 4:21.89 4:59.70 | | |
| 4 Hannah Thomas | 12 Edmonton Phoenix SC | 5:02.02 |
| 1:50.50 2:29.51 3:08.23 3:46.87 4:25.58 5:02.02 | | |
| 5 Emma Aston | 12 Romford Town SC | 5:09.19 |
| 1:52.04 2:31.73 3:11.46 3:51.20 4:30.76 5:09.19 | | |
| 6 Eris Crawford | 13 Borough of Waltham Forest SC | 5:09.20 |
| 1:50.97 2:31.05 3:11.14 3:51.54 4:31.11 5:09.20 | | |

(Event 15 Girls 12-13 400 SC Metre Freestyle)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age | Team | Time |
|---|-----|-----------------------------|---------|
| *7 Sadie Lucas | 13 | London Borough of Redbridge | 5:20.84 |
| 36.34 1:16.66 1:57.53 2:38.87 3:19.24 4:00.92 4:41.33 | | | 5:20.84 |
| *7 Sophia Amoroso | 12 | London Borough of Redbridge | 5:20.84 |
| 36.45 1:16.06 1:57.08 2:38.84 3:19.39 4:00.48 4:42.35 | | | 5:20.84 |
| 9 Laura Brooks | 12 | Romford Town SC | 5:27.01 |
| 36.24 1:17.63 2:00.27 2:42.33 3:24.39 4:06.48 4:47.43 | | | 5:27.01 |
| 10 Jessica Wacey | 12 | Bishops Stortford | 5:29.66 |
| 35.83 1:16.68 1:58.72 2:40.95 3:22.93 4:06.02 4:48.63 | | | 5:29.66 |
| 11 Ellie Wright | 12 | London Borough of Redbridge | 5:37.22 |
| 36.05 1:17.22 2:00.04 2:42.58 3:26.00 4:10.18 4:53.47 | | | 5:37.22 |

Event 15 Girls 14-15 400 SC Metre Freestyle

| Name | Age | Team | Time |
|---|-----|-----------------------------|---------|
| 1 Johanna Lindblom | 14 | London Borough of Redbridge | 4:52.07 |
| 1:45.41 2:23.16 3:00.55 3:38.63 4:16.23 | | | 4:52.07 |
| 2 Hannah Coles | 14 | Romford Town SC | 5:17.62 |
| 35.70 1:15.26 1:55.44 2:35.68 3:16.63 3:57.63 4:39.15 | | | 5:17.62 |
| 3 Rachel Harris | 15 | Edmonton Phoenix SC | 5:19.22 |
| 36.33 1:16.17 1:56.98 2:37.62 3:18.14 3:58.56 4:39.18 | | | 5:19.22 |
| 4 Sophie Hollis | 14 | London Borough of Redbridge | 5:29.07 |
| 35.23 1:15.42 1:55.84 2:36.67 3:19.00 4:02.32 4:46.24 | | | 5:29.07 |

Event 16 Boys 9-11 400 SC Metre Freestyle

| Name | Age | Team | Time |
|---|-----|------------------------------|---------|
| 1 Frank McGirk | 11 | London Borough of Redbridge | 5:08.15 |
| 34.32 1:13.04 1:52.90 2:32.02 3:11.88 3:50.87 4:30.24 | | | 5:08.15 |
| 2 Fraser Scott | 11 | London Borough of Redbridge | 5:20.24 |
| 35.07 1:14.72 1:54.95 2:35.74 3:16.89 3:58.33 4:40.18 | | | 5:20.24 |
| 3 Joshua Burcombe | 10 | Borough of Waltham Forest SC | 5:20.60 |
| 35.70 1:16.31 1:57.86 2:38.98 3:20.25 4:01.23 4:41.55 | | | 5:20.60 |
| 4 Sam Allsop | 11 | Romford Town SC | 5:23.79 |
| 36.05 1:17.38 1:59.30 2:40.77 3:21.75 4:02.82 4:44.27 | | | 5:23.79 |
| 5 Morgan Brown | 11 | London Borough of Redbridge | 5:30.35 |
| 36.51 1:17.79 2:00.40 2:41.88 3:24.44 4:06.81 4:49.12 | | | 5:30.35 |
| 6 Connor Houlihan | 10 | Romford Town SC | 5:49.31 |
| 37.83 1:22.13 2:07.00 2:52.57 3:38.32 4:23.25 5:07.32 | | | 5:49.31 |
| 7 Ryan Nicholls | 11 | Borough of Waltham Forest SC | 5:54.48 |
| 40.08 1:23.42 2:08.19 2:52.87 3:38.79 4:24.50 5:10.73 | | | 5:54.48 |
| 8 Joseph Zlotnick | 9 | Griffins SC | 5:56.64 |
| 38.82 1:24.32 2:10.45 2:56.66 3:42.56 4:28.16 5:14.15 | | | 5:56.64 |
| 9 Jack Dunn | 10 | Griffins SC | 5:57.30 |
| 39.15 1:24.59 2:11.39 2:57.26 3:42.73 4:29.19 5:15.59 | | | 5:57.30 |
| 10 Reece Nicholls | 9 | Borough of Waltham Forest SC | 6:09.50 |
| 40.18 1:28.11 2:15.15 3:02.25 3:49.49 4:37.57 5:24.66 | | | 6:09.50 |
| 11 Dominic Davies | 11 | Borough of Waltham Forest SC | 6:11.13 |
| 41.47 1:29.11 2:16.84 3:03.68 3:51.99 4:40.33 5:26.09 | | | 6:11.13 |
| 12 Jeremy Nockels | 10 | Borough of Waltham Forest SC | 6:16.32 |
| 42.76 1:30.30 2:17.30 3:05.12 3:53.49 4:41.75 5:24.07 | | | 6:16.32 |
| 13 Kieran Holdbrook | 9 | London Borough of Redbridge | 6:26.05 |
| 41.65 1:31.30 2:21.01 3:09.83 3:59.57 4:50.02 5:39.27 | | | 6:26.05 |
| --- Elliot Bertram | 11 | Griffins SC | DNF |
| 32.76 | | | |

Event 16 Boys 12-13 400 SC Metre Freestyle

| Name | Age | Team | Time |
|---|-----|-------------|---------|
| 1 Toby Pasmore | 12 | Griffins SC | 4:53.30 |
| 33.13 1:10.36 1:48.07 2:26.30 3:04.16 3:41.13 4:17.27 | | | 4:53.30 |

(Event 16 Boys 12-13 400 SC Metre Freestyle)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age Team | Time |
|---|-----------------------|---------------------------------|-------------|
| 2 | Adam Hill | 13 Griffins SC | 4:55.03 |
| | 32.17 1:08.91 1:46.94 | 2:25.36 3:03.71 3:42.54 4:19.06 | 4:55.03 |
| 3 | Joshua Rogers | 13 Romford Town SC | 4:55.53 |
| | 33.55 1:10.76 1:48.68 | 2:26.61 3:04.67 3:42.20 4:19.77 | 4:55.53 |
| 4 | Samuel Kelly | 12 London Borough of Redbridge | 5:11.69 |
| | 34.73 1:13.32 1:54.11 | 2:34.24 3:13.62 3:54.31 4:34.06 | 5:11.69 |
| 5 | Stephen Truong | 12 London Borough of Redbridge | 5:25.37 |
| | 35.54 1:15.25 1:56.89 | 2:38.51 3:20.42 4:03.14 4:43.83 | 5:25.37 |
| 6 | Kyle Hall | 12 London Borough of Redbridge | 5:26.06 |
| | 35.45 1:16.75 1:59.14 | 2:41.23 3:22.64 4:05.61 4:48.03 | 5:26.06 |

Event 16 Boys 14-15 400 SC Metre Freestyle

| | Name | Age Team | Time |
|---|-----------------------|---------------------------------|-------------|
| 1 | Oliver Burling | 15 Borough of Waltham Forest SC | 4:28.77 |
| | 30.14 1:02.49 1:36.38 | 2:10.79 2:45.41 3:19.89 3:54.92 | 4:28.77 |
| 2 | Tom Beadle | 14 London Borough of Redbridge | 4:46.32 |
| | 32.07 1:06.71 1:42.71 | 2:19.04 2:55.71 3:32.64 4:09.62 | 4:46.32 |
| 3 | Ryan Woodcock | 14 Bishops Stortford | 4:49.28 |
| | 31.88 1:07.64 1:44.62 | 2:21.94 2:58.79 3:35.68 4:12.48 | 4:49.28 |

Event 17 Girls 9-11 200 SC Metre Backstroke

| | Name | Age Team | Time |
|----|-----------------------|---------------------------------|-------------|
| 1 | Victoria Christmas | 11 Romford Town SC | 2:40.37 |
| | 37.18 1:17.90 1:59.38 | 2:40.37 | |
| 2 | Grace Wingrove | 11 London Borough of Redbridge | 2:48.94 |
| | 39.96 1:23.21 2:06.65 | 2:48.94 | |
| 3 | Emily Oakley | 11 Griffins SC | 2:50.45 |
| | 41.27 1:24.68 2:07.87 | 2:50.45 | |
| 4 | Fiona Westcough | 11 Griffins SC | 2:51.78 |
| | 40.62 1:24.49 2:08.62 | 2:51.78 | |
| 5 | Grace Ledwith | 11 Bishops Stortford | 2:54.92 |
| | 41.33 1:25.89 2:11.79 | 2:54.92 | |
| 6 | Caitlin Robinson | 10 London Borough of Redbridge | 2:57.72 |
| | 41.59 1:26.62 2:12.35 | 2:57.72 | |
| 7 | Claire Golightly | 11 London Borough of Redbridge | 3:02.37 |
| | 43.60 1:30.26 2:17.57 | 3:02.37 | |
| 8 | Jessie Montague | 9 Enfield | 3:05.41 |
| | 43.21 1:31.54 2:20.59 | 3:05.41 | |
| *9 | Ellen Blane | 11 Enfield | 3:05.53 |
| | 43.82 1:32.53 2:21.22 | 3:05.53 | |
| *9 | Elizabeth Oakley | 10 Griffins SC | 3:05.53 |
| | 43.16 1:31.04 2:20.30 | 3:05.53 | |
| 11 | Sophie Priddle | 10 London Borough of Redbridge | 3:07.76 |
| | 45.42 1:32.88 2:20.57 | 3:07.76 | |
| 12 | Filippa Lindblom | 11 London Borough of Redbridge | 3:09.33 |
| | 42.42 1:31.64 2:21.74 | 3:09.33 | |
| 13 | Eloise Montanana | 9 London Borough of Redbridge | 3:11.83 |
| | 45.37 1:34.49 2:23.63 | 3:11.83 | |
| 14 | Pasha George | 10 Borough of Waltham Forest SC | 3:13.58 |
| | 45.86 1:36.47 2:25.51 | 3:13.58 | |
| 15 | Bethan Holder | 11 Edmonton Phoenix SC | 3:13.92 |
| | 45.95 1:36.13 2:26.52 | 3:13.92 | |
| 16 | Despina Aslam | 11 Griffins SC | 3:14.34 |
| | 45.50 1:36.33 2:26.80 | 3:14.34 | |
| 17 | Apolline Bokkerink | 10 Chelsea & Kensington SC | 3:14.73 |
| | 45.14 1:35.18 2:26.01 | 3:14.73 | |
| 18 | Tarini Tripathi | 11 Chelsea & Kensington SC | 3:16.85 |
| | 43.34 1:33.20 2:25.47 | 3:16.85 | |

Enfield Open Meet - 16/05/2009 to 17/05/2009

Results

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age | Team | Time |
|-----|---|------------|-----------------------------|-------------|
| 19 | Sevin Crawford | 11 | London Borough of Redbridge | 3:16.98 |
| | 46.43 1:36.99 2:27.56 | | 3:16.98 | |
| 20 | Maddie Webber | 10 | Romford Town SC | 3:20.24 |
| | 45.73 1:36.88 2:30.64 | | 3:20.24 | |
| 21 | Isabel Levine | 10 | London Borough of Redbridge | 3:26.54 |
| | 47.88 1:41.77 2:35.41 | | 3:26.54 | |
| 22 | Dana Jabre | 9 | Chelsea & Kensington SC | 3:37.33 |
| | 49.05 1:44.35 2:42.47 | | 3:37.33 | |
| 23 | Ana-Maria Damjanovska | 9 | Chelsea & Kensington SC | 3:42.02 |
| | 49.30 1:45.44 2:44.01 | | 3:42.02 | |
| 24 | Sankavee Karunakaran | 9 | London Borough of Redbridge | 4:09.77 |
| | 58.61 2:02.67 3:06.18 | | 4:09.77 | |
| --- | Lucy Harwood | 9 | London Borough of Redbridge | DQ |
| | 6.2 Left position on the back (other than to initiate a turn) | | | |
| | 46.87 1:37.65 2:30.51 | | DQ | |
| --- | Cristiana Police | 11 | Chelsea & Kensington SC | DQ |
| | 4.4 Start before starting signal | | | |
| | 43.18 1:32.24 2:21.73 | | DQ | |

Event 17 Girls 12-13 200 SC Metre Backstroke

| | Name | Age | Team | Time |
|---|-----------------------|------------|------------------------------|-------------|
| 1 | Rosie Webber | 12 | Romford Town SC | 2:44.05 |
| | 38.56 1:20.38 2:02.78 | | 2:44.05 | |
| 2 | Emma Hasler | 13 | Borough of Waltham Forest SC | 2:48.28 |
| | 39.86 1:22.87 2:05.65 | | 2:48.28 | |
| 3 | Ellie Wright | 12 | London Borough of Redbridge | 2:48.65 |
| | 38.29 1:21.69 2:07.01 | | 2:48.65 | |
| 4 | Laura Brooks | 12 | Romford Town SC | 2:48.68 |
| | 39.41 1:22.85 2:06.75 | | 2:48.68 | |
| 5 | Aoife Clark-McGhee | 13 | London Borough of Redbridge | 2:48.86 |
| | 39.99 1:25.33 2:10.41 | | 2:48.86 | |
| 6 | Kelly Floyd | 12 | Broomfield Park | 3:02.08 |
| | 42.28 1:28.54 2:17.05 | | 3:02.08 | |

Event 17 Girls 14-15 200 SC Metre Backstroke

| | Name | Age | Team | Time |
|---|-----------------------|------------|---------------------|-------------|
| 1 | Megan Holder | 14 | Edmonton Phoenix SC | 2:36.12 |
| | 36.54 1:15.62 1:55.99 | | 2:36.12 | |
| 2 | Rachel Harris | 15 | Edmonton Phoenix SC | 2:48.97 |
| | 39.67 1:22.85 2:06.75 | | 2:48.97 | |

Event 17 Girls 16 & Over 200 SC Metre Backstroke

| | Name | Age | Team | Time |
|---|-----------------------|------------|-------------|-------------|
| 1 | Lauren Willox | 16 | Enfield | 2:49.69 |
| | 38.72 1:22.05 2:06.96 | | 2:49.69 | |

Event 18 Boys 9-11 200 SC Metre Backstroke

| | Name | Age | Team | Time |
|---|-----------------------|------------|------------------------------|-------------|
| 1 | Fraser Scott | 11 | London Borough of Redbridge | 2:51.23 |
| | 41.41 1:24.76 2:08.36 | | 2:51.23 | |
| 2 | Frank McGirk | 11 | London Borough of Redbridge | 2:55.49 |
| | 41.69 1:27.48 2:12.59 | | 2:55.49 | |
| 3 | Joshua Burcombe | 10 | Borough of Waltham Forest SC | 2:59.74 |
| | 42.73 1:29.21 2:15.76 | | 2:59.74 | |
| 4 | Sam Allsop | 11 | Romford Town SC | 3:03.55 |
| | 43.59 1:30.84 2:17.61 | | 3:03.55 | |
| 5 | Morgan Brown | 11 | London Borough of Redbridge | 3:06.48 |
| | 44.53 1:32.94 2:21.18 | | 3:06.48 | |

(Event 18 Boys 9-11 200 SC Metre Backstroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age | Team | Time |
|----|------------------|------------|------------------------------|-------------|
| 6 | Sam Coker | 11 | Romford Town SC | 3:08.34 |
| | 45.82 | 1:34.07 | 2:22.30 | 3:08.34 |
| 7 | Zachary Coleman | 10 | Romford Town SC | 3:11.28 |
| | 44.86 | 1:34.42 | 2:25.44 | 3:11.28 |
| 8 | Reece Nicholls | 9 | Borough of Waltham Forest SC | 3:11.63 |
| | 44.20 | 1:33.87 | 2:24.08 | 3:11.63 |
| 9 | Rory Jack | 10 | Chelsea & Kensington SC | 3:16.99 |
| | 46.89 | 1:36.86 | 2:28.37 | 3:16.99 |
| 10 | Oliver Coles | 10 | Romford Town SC | 3:18.56 |
| | 47.95 | 1:37.91 | 2:29.46 | 3:18.56 |
| 11 | Theo Athientis | 10 | London Borough of Redbridge | 3:20.64 |
| | 47.54 | 1:38.95 | 2:31.13 | 3:20.64 |
| 12 | Samuel Ellis | 9 | Romford Town SC | 3:21.21 |
| | 46.03 | 1:36.40 | 2:28.68 | 3:21.21 |
| 13 | James Whiting | 9 | Edmonton Phoenix SC | 3:26.01 |
| | 46.69 | 1:39.69 | 2:34.44 | 3:26.01 |
| 14 | Jeremy Nockels | 10 | Borough of Waltham Forest SC | 3:28.90 |
| | 50.79 | 1:44.91 | 2:38.94 | 3:28.90 |
| 15 | Niccolo Amoroso | 9 | London Borough of Redbridge | 3:37.46 |
| | 50.39 | 1:45.62 | 2:42.77 | 3:37.46 |
| 16 | Kieran Holdbrook | 9 | London Borough of Redbridge | 3:40.10 |
| | 52.04 | 1:49.35 | 2:45.36 | 3:40.10 |

Event 18 Boys 12-13 200 SC Metre Backstroke

| | Name | Age | Team | Time |
|---|-----------------|------------|------------------------------|-------------|
| 1 | Joshua Rogers | 13 | Romford Town SC | 2:38.29 |
| | 37.59 | 1:17.29 | 1:58.21 | 2:38.29 |
| 2 | Samuel Kelly | 12 | London Borough of Redbridge | 2:38.83 |
| | 38.16 | 1:18.60 | 1:59.14 | 2:38.83 |
| 3 | Ryan McCarthy | 13 | Enfield | 2:39.89 |
| | 38.43 | 1:19.07 | 2:00.45 | 2:39.89 |
| 4 | Harry Jenner | 13 | Enfield | 2:41.11 |
| | 37.90 | 1:20.34 | 2:02.08 | 2:41.11 |
| 5 | Antony Aslam | 12 | Griffins SC | 2:43.15 |
| | 37.64 | 1:18.91 | 2:01.62 | 2:43.15 |
| 6 | Fabian Jasonson | 12 | Griffins SC | 2:50.75 |
| | 39.65 | 1:24.22 | 2:09.04 | 2:50.75 |
| 7 | Oliver Applebee | 12 | Romford Town SC | 2:57.28 |
| | 43.80 | 1:29.76 | 2:14.81 | 2:57.28 |
| 8 | Stephen Truong | 12 | London Borough of Redbridge | 2:58.12 |
| | 42.03 | 1:27.29 | 2:13.38 | 2:58.12 |
| 9 | Lee Farmer | 12 | Borough of Waltham Forest SC | 3:07.27 |
| | 42.78 | 1:29.76 | 2:16.79 | 3:07.27 |

Event 18 Boys 14-15 200 SC Metre Backstroke

| | Name | Age | Team | Time |
|---|---------------|------------|-----------------------------|-------------|
| 1 | Adam Gillard | 14 | London Borough of Redbridge | 2:30.11 |
| | 34.91 | 1:12.73 | 1:51.20 | 2:30.11 |
| 2 | Tom Beadle | 14 | London Borough of Redbridge | 2:34.67 |
| | 36.68 | 1:15.58 | 1:55.11 | 2:34.67 |
| 3 | Reece Ballett | 14 | Edmonton Phoenix SC | 2:36.86 |
| | 35.89 | 1:15.16 | 1:56.14 | 2:36.86 |

Event 18 Boys 16 & Over 200 SC Metre Backstroke

| | Name | Age | Team | Time |
|---|---------------------|------------|-------------------------|-------------|
| 1 | William Allen-Mersh | 20 | Chelsea & Kensington SC | 2:13.79 |
| | 31.11 | 1:05.07 | 1:39.29 | 2:13.79 |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 19 Girls 10-11 100 SC Metre Freestyle**

| Name | Age Team | Time |
|--|---------------------------------|---------|
| 1 Grace Wingrove 33.98 1:10.41 | 11 London Borough of Redbridge | 1:10.41 |
| 2 Rachael Gunn 34.41 1:10.76 | 11 Bishops Stortford | 1:10.76 |
| 3 Beth Hassan 34.13 1:10.79 | 11 Enfield | 1:10.79 |
| 4 Rochelle Cabey 32.99 1:11.26 | 11 Borough of Waltham Forest SC | 1:11.26 |
| 5 Mia Hawkes 34.27 1:12.18 | 10 Edmonton Phoenix SC | 1:12.18 |
| *6 Sophie Ward 35.84 1:13.84 | 10 Romford Town SC | 1:13.84 |
| *6 Grace Ledwith 35.25 1:13.84 | 11 Bishops Stortford | 1:13.84 |
| 8 Cristiana Police 36.92 1:15.57 | 11 Chelsea & Kensington SC | 1:15.57 |
| 9 Ellen Blane 36.85 1:17.23 | 11 Enfield | 1:17.23 |
| 10 Angela Damjanovska 36.07 1:17.59 | 11 Chelsea & Kensington SC | 1:17.59 |
| 11 Jodie Whitehead 36.61 1:17.72 | 11 Romford Town SC | 1:17.72 |
| 12 Sara Khadraoui 37.71 1:18.04 | 11 Enfield | 1:18.04 |
| 13 Alice Monteforte 38.57 1:18.18 | 10 Enfield | 1:18.18 |
| 14 Laura Marks 37.22 1:18.67 | 10 Chelsea & Kensington SC | 1:18.67 |
| 15 Apolline Bokkerink 37.07 1:18.95 | 10 Chelsea & Kensington SC | 1:18.95 |
| 16 Alexandria Adams Steblecki 37.12 1:19.77 | 11 Enfield | 1:19.77 |
| 17 Amy Carson 36.79 1:19.95 | 11 Edmonton Phoenix SC | 1:19.95 |
| 18 Eleanor Hosford 39.19 1:21.87 | 11 Enfield | 1:21.87 |
| 19 Pasha George 39.19 1:22.26 | 10 Borough of Waltham Forest SC | 1:22.26 |
| 20 Afton Doe 39.17 1:22.66 | 10 Edmonton Phoenix SC | 1:22.66 |
| 21 Bethan Jones 39.71 1:23.31 | 11 Bishops Stortford | 1:23.31 |
| 22 Despina Aslam 39.66 1:24.26 | 11 Griffins SC | 1:24.26 |
| 23 Marie Campbell 40.88 1:24.30 | 10 London Borough of Redbridge | 1:24.30 |
| 24 Mathuri Karunakaran 39.47 1:24.73 | 11 London Borough of Redbridge | 1:24.73 |
| 25 Isabel Levine 43.11 1:31.25 | 10 London Borough of Redbridge | 1:31.25 |
| 26 Erin Clements 41.55 1:32.41 | 10 Griffins SC | 1:32.41 |
| 27 Yasemin Erensoy 43.54 1:33.76 | 10 Edmonton Phoenix SC | 1:33.76 |
| 28 Michelle Hughes 44.68 1:42.82 | 11 Romford Town SC | 1:42.82 |

(Event 19 Girls 10-11 100 SC Metre Freestyle)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|----------------------------------|------------|------|
| --- Jessika Nethaway | 10 Enfield | DQ |
| 4.4 Start before starting signal | | |
| 41.39 DQ | | |

Event 19 Girls 12-13 100 SC Metre Freestyle

| Name | Age Team | Time |
|-----------------------|---------------------------------|---------|
| 1 Nina McGarvey | 13 Edmonton Phoenix SC | 1:07.19 |
| 32.33 1:07.19 | | |
| 2 Haley Golightly | 13 London Borough of Redbridge | 1:07.28 |
| 32.24 1:07.28 | | |
| 3 Emma Aston | 12 Romford Town SC | 1:10.04 |
| 33.79 1:10.04 | | |
| 4 Jessica Wacey | 12 Bishops Stortford | 1:10.92 |
| 33.76 1:10.92 | | |
| 5 Eris Crawford | 13 Borough of Waltham Forest SC | 1:11.51 |
| 33.97 1:11.51 | | |
| 6 Hannah Merry | 12 Enfield | 1:11.62 |
| 35.48 1:11.62 | | |
| 7 Sophie Thompson | 13 Romford Town SC | 1:11.88 |
| 34.11 1:11.88 | | |
| 8 Courtney Wilson | 13 Romford Town SC | 1:12.24 |
| 34.33 1:12.24 | | |
| 9 Emma Hasler | 13 Borough of Waltham Forest SC | 1:12.40 |
| 34.64 1:12.40 | | |
| 10 Shannon Purcell | 12 London Borough of Redbridge | 1:13.05 |
| 35.16 1:13.05 | | |
| 11 Sadie Lucas | 13 London Borough of Redbridge | 1:13.23 |
| 35.37 1:13.23 | | |
| 12 Sophia Amoroso | 12 London Borough of Redbridge | 1:14.16 |
| 36.04 1:14.16 | | |
| 13 Charlie Eves | 12 Borough of Waltham Forest SC | 1:15.42 |
| 36.85 1:15.42 | | |
| 14 Kelly Floyd | 12 Broomfield Park | 1:15.50 |
| 36.32 1:15.50 | | |
| 15 Rae Bibb | 12 London Borough of Redbridge | 1:16.82 |
| 36.59 1:16.82 | | |
| 16 Aoife Clark-McGhee | 13 London Borough of Redbridge | 1:17.59 |
| 37.44 1:17.59 | | |
| 17 Gemma Agnew | 12 Griffins SC | 1:18.53 |
| 36.35 1:18.53 | | |
| 18 Melissa Diaz | 12 Edmonton Phoenix SC | 1:25.56 |
| 38.75 1:25.56 | | |

Event 19 Girls 14-15 100 SC Metre Freestyle

| Name | Age Team | Time |
|-----------------|--------------------------------|---------|
| 1 Sarah Browne | 14 Edmonton Phoenix SC | 1:04.69 |
| 31.25 1:04.69 | | |
| 2 Megan Holder | 14 Edmonton Phoenix SC | 1:05.49 |
| 31.49 1:05.49 | | |
| 3 Sophie Hollis | 14 London Borough of Redbridge | 1:09.08 |
| 33.56 1:09.08 | | |
| 4 Rachel Harris | 15 Edmonton Phoenix SC | 1:10.70 |
| 33.79 1:10.70 | | |
| 5 Hannah Coles | 14 Romford Town SC | 1:11.49 |
| 34.55 1:11.49 | | |
| 6 Connie Hawkes | 14 Edmonton Phoenix SC | 1:13.95 |
| 35.58 1:13.95 | | |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 19 Girls 16 & Over 100 SC Metre Freestyle**

| Name | Age Team | Time |
|----------------------------------|-------------------------------|---------|
| 1 Alice Smyth 32.80 1:08.41 | 16 Edmonton Phoenix SC | 1:08.41 |
| 2 Lauren Willox 33.54 1:11.84 | 16 Enfield | 1:11.84 |
| 3 Lucy Harwood 41.74 1:25.04 | 9 London Borough of Redbridge | 1:25.04 |

Event 20 Boys 10-11 100 SC Metre Freestyle

| Name | Age Team | Time |
|---|---------------------------------|---------|
| 1 Nathan Leong 32.52 1:09.25 | 11 Borough of Waltham Forest SC | 1:09.25 |
| 2 Elliot Bertram 33.51 1:09.88 | 11 Griffins SC | 1:09.88 |
| 3 Joshua Burcombe 34.64 1:12.95 | 10 Borough of Waltham Forest SC | 1:12.95 |
| 4 Sam Allsop 36.28 1:15.55 | 11 Romford Town SC | 1:15.55 |
| 5 Connor Houlihan 36.67 1:15.66 | 10 Romford Town SC | 1:15.66 |
| 6 Ryan Nicholls 37.77 1:18.50 | 11 Borough of Waltham Forest SC | 1:18.50 |
| 7 Sam Coker 37.92 1:19.16 | 11 Romford Town SC | 1:19.16 |
| 8 Jemil Payet 38.33 1:19.84 | 11 Enfield | 1:19.84 |
| 9 Zachary Coleman 38.54 1:20.04 | 10 Romford Town SC | 1:20.04 |
| 10 Michael Welch 37.89 1:21.33 | 10 Griffins SC | 1:21.33 |
| 11 Daniel Lambert 38.58 1:23.62 | 10 London Borough of Redbridge | 1:23.62 |
| 12 Rory Jack 40.79 1:23.79 | 10 Chelsea & Kensington SC | 1:23.79 |
| 13 Finn Crome Sweeney 40.15 1:24.78 | 11 Enfield | 1:24.78 |
| 14 Theo Athientis 41.39 1:25.67 | 10 London Borough of Redbridge | 1:25.67 |
| 15 Ben Howe 39.38 1:27.87 | 10 Edmonton Phoenix SC | 1:27.87 |
| 16 Jordan Shim 42.65 1:29.60 | 10 London Borough of Redbridge | 1:29.60 |
| 17 Robert Benson 46.67 1:36.71 | 10 Romford Town SC | 1:36.71 |
| 18 Connor Julian 43.98 1:36.83 | 10 Romford Town SC | 1:36.83 |
| --- Jordan Jordanou 4.4 Start before starting signal 36.79 DQ | 11 Griffins SC | DQ |

Event 20 Boys 12-13 100 SC Metre Freestyle

| Name | Age Team | Time |
|----------------------------------|------------------------|---------|
| 1 Michael Tunstall | 13 Edmonton Phoenix SC | 1:01.12 |
| 2 Harry Jenner 30.88 1:03.73 | 13 Enfield | 1:03.73 |
| 3 Joshua Rogers 31.77 1:06.44 | 13 Romford Town SC | 1:06.44 |

(Event 20 Boys 12-13 100 SC Metre Freestyle)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|---|--------------------------------|---------|
| 4 Ben Williams 32.35 1:07.25 | 13 Enfield | 1:07.25 |
| 5 Jesse Taylor 32.18 1:07.60 | 13 Edmonton Phoenix SC | 1:07.60 |
| 6 Toby Pasmore 32.50 1:07.96 | 12 Griffins SC | 1:07.96 |
| 7 Ryan McCarthy 32.79 1:09.66 | 13 Enfield | 1:09.66 |
| 8 Thomas Connolly 33.60 1:10.80 | 12 Bishops Stortford | 1:10.80 |
| 9 Fabian Jasonson 34.79 1:10.86 | 12 Griffins SC | 1:10.86 |
| 10 Antony Aslam 34.68 1:11.04 | 12 Griffins SC | 1:11.04 |
| 11 Kyle Hall 34.66 1:11.60 | 12 London Borough of Redbridge | 1:11.60 |
| 12 Oliver Applebee 35.39 1:12.72 | 12 Romford Town SC | 1:12.72 |
| 13 Stephen Truong 35.42 1:14.36 | 12 London Borough of Redbridge | 1:14.36 |
| 14 Tsz Wai Wu 35.74 1:15.26 | 13 Griffins SC | 1:15.26 |
| 15 Sam Fagg 36.20 1:17.18 | 12 Edmonton Phoenix SC | 1:17.18 |
| 16 Dylan Williams 37.89 1:20.73 | 12 Enfield | 1:20.73 |
| 17 Lewis Julian 37.41 1:24.62 | 12 Romford Town SC | 1:24.62 |
| --- Thomas Benson 4.4 Start before starting signal 32.41 DQ | 13 Romford Town SC | DQ |

Event 20 Boys 14-15 100 SC Metre Freestyle

| Name | Age Team | Time |
|------------------------------------|---------------------------------|---------|
| 1 Zach Kirlew | 14 Edmonton Phoenix SC | 57.99 |
| 2 Oliver Burling | 15 Borough of Waltham Forest SC | 1:00.76 |
| 3 Thomas Clark | 15 Romford Town SC | 1:01.61 |
| 4 Adam Gillard | 14 London Borough of Redbridge | 1:02.50 |
| 5 Daniel Williams 30.18 1:02.67 | 14 Enfield | 1:02.67 |
| 6 Tom Beadle 30.52 1:02.84 | 14 London Borough of Redbridge | 1:02.84 |
| 7 Alex Pasmore | 14 Griffins SC | 1:02.98 |
| 8 Emries Ellis 29.38 1:03.09 | 15 Enfield | 1:03.09 |
| 9 Alex Hayman 30.73 1:03.83 | 14 London Borough of Redbridge | 1:03.83 |
| 10 Ryan Woodcock 30.94 1:03.95 | 14 Bishops Stortford | 1:03.95 |
| 11 Carl Wyrwas 31.66 1:04.01 | 15 Broomfield Park | 1:04.01 |
| 12 Reece Ballett 30.99 1:05.63 | 14 Edmonton Phoenix SC | 1:05.63 |
| 13 Conor Toolis 31.97 1:06.41 | 14 Romford Town SC | 1:06.41 |
| 14 Ricardo Sowe 33.14 1:10.11 | 14 Enfield | 1:10.11 |

Enfield Open Meet - 16/05/2009 to 17/05/2009

Results

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|----------------|------------------------|---------|
| 15 Kemal Kole | 15 Edmonton Phoenix SC | 1:13.72 |
| 34.83 1:13.72 | | |
| 16 Zach Neshat | 14 Edmonton Phoenix SC | 1:16.35 |
| 35.89 1:16.35 | | |

Event 20 Boys 16 & Over 100 SC Metre Freestyle

| Name | Age Team | Time |
|--------------------|---------------------------------|---------|
| 1 Louis Kirlew | 17 Edmonton Phoenix SC | 59.09 |
| 2 Daniel Voss | 24 Borough of Waltham Forest SC | 59.95 |
| 3 Gavin Merry | 16 Enfield | 1:00.37 |
| 28.46 1:00.37 | | |
| 4 Joseph Smith | 17 Edmonton Phoenix SC | 1:03.46 |
| 29.29 1:03.46 | | |
| 5 Kieran Holdbrook | 9 London Borough of Redbridge | 1:26.30 |
| 39.42 1:26.30 | | |

Event 21 Girls 9-11 50 SC Metre Butterfly

| Name | Age Team | Time |
|------------------------------|---------------------------------|-------|
| 1 Rachael Gunn | 11 Bishops Stortford | 34.87 |
| 2 Emily Oakley | 11 Griffins SC | 35.50 |
| 3 Grace Ledwith | 11 Bishops Stortford | 39.57 |
| 4 Tarini Tripathi | 11 Chelsea & Kensington SC | 41.81 |
| 5 Mia Hawkes | 10 Edmonton Phoenix SC | 42.20 |
| 6 Filippa Lindblom | 11 London Borough of Redbridge | 42.23 |
| 7 Alexandria Adams Steblecki | 11 Enfield | 42.63 |
| 8 Cristiana Police | 11 Chelsea & Kensington SC | 42.91 |
| 9 Laura Marks | 10 Chelsea & Kensington SC | 42.99 |
| 10 Alice Monteforte | 10 Enfield | 43.05 |
| 11 Afton Doe | 10 Edmonton Phoenix SC | 43.09 |
| 12 Pasha George | 10 Borough of Waltham Forest SC | 43.31 |
| 13 Chloe Thompson | 9 Romford Town SC | 44.23 |
| 14 Jessika Nethaway | 10 Enfield | 49.64 |
| 15 Erin Clements | 10 Griffins SC | 50.21 |
| 16 Michelle Hughes | 11 Romford Town SC | 54.28 |
| 17 Ana-Maria Damjanovska | 9 Chelsea & Kensington SC | 54.48 |

Event 21 Girls 12-13 50 SC Metre Butterfly

| Name | Age Team | Time |
|-----------------------|---------------------------------|-------|
| 1 Jessica Wacey | 12 Bishops Stortford | 34.71 |
| 2 Rosie Webber | 12 Romford Town SC | 35.56 |
| 3 Sadie Lucas | 13 London Borough of Redbridge | 35.63 |
| 4 Emma Hasler | 13 Borough of Waltham Forest SC | 36.70 |
| 5 Eris Crawford | 13 Borough of Waltham Forest SC | 36.85 |
| 6 Danielle Rudasingwa | 12 Chelsea & Kensington SC | 38.25 |
| 7 Sophie Thompson | 13 Romford Town SC | 38.92 |
| 8 Shannon Purcell | 12 London Borough of Redbridge | 39.12 |
| 9 Emma Aston | 12 Romford Town SC | 39.30 |
| 10 Charlie Eves | 12 Borough of Waltham Forest SC | 40.97 |
| 11 Kelly Floyd | 12 Broomfield Park | 41.27 |
| 12 Hannah Merry | 12 Enfield | 42.59 |
| 13 Zahra Neshat | 12 Edmonton Phoenix SC | 56.96 |

Event 21 Girls 14-15 50 SC Metre Butterfly

| Name | Age Team | Time |
|--------------------|------------------------|-------|
| 1 Sarah Browne | 14 Edmonton Phoenix SC | 33.87 |
| 2 Kate Heptinstall | 14 Romford Town SC | 36.00 |
| 3 Connie Hawkes | 14 Edmonton Phoenix SC | 37.42 |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 21 Girls 16 & Over 50 SC Metre Butterfly**

| Name | Age Team | Time |
|---------------|------------------------|-------|
| 1 Alice Smyth | 16 Edmonton Phoenix SC | 34.27 |

Event 22 Boys 9-11 50 SC Metre Butterfly

| Name | Age Team | Time |
|--------------------|---------------------------------|---------|
| 1 Nathan Leong | 11 Borough of Waltham Forest SC | 36.05 |
| 2 Ethan Renny | 11 Enfield | 38.96 |
| 3 Joshua Burcombe | 10 Borough of Waltham Forest SC | 39.65 |
| 4 Ben Howe | 10 Edmonton Phoenix SC | 40.30 |
| 5 Connor Houlihan | 10 Romford Town SC | 41.10 |
| 6 Mitchell Wilson | 9 Romford Town SC | 41.58 |
| 7 Jordan Jordanou | 11 Griffins SC | 41.99 |
| 8 Michael Welch | 10 Griffins SC | 42.44 |
| 9 Ryan Nicholls | 11 Borough of Waltham Forest SC | 42.69 |
| 10 Jeremy Nockels | 10 Borough of Waltham Forest SC | 44.10 |
| 11 Reece Nicholls | 9 Borough of Waltham Forest SC | 45.14 |
| 12 Zachary Coleman | 10 Romford Town SC | 45.42 |
| 13 Oliver Coles | 10 Romford Town SC | 46.54 |
| 14 Robert Benson | 10 Romford Town SC | 1:04.17 |

Event 22 Boys 12-13 50 SC Metre Butterfly

| Name | Age Team | Time |
|--------------------|--------------------------------|-------|
| 1 Harry Jenner | 13 Enfield | 32.17 |
| 2 Michael Tunstall | 13 Edmonton Phoenix SC | 32.57 |
| 3 Thomas Connolly | 12 Bishops Stortford | 34.83 |
| 4 Ben Williams | 13 Enfield | 35.10 |
| 5 Jesse Taylor | 13 Edmonton Phoenix SC | 37.02 |
| 6 Thomas Benson | 13 Romford Town SC | 37.04 |
| 7 Christos Ellinas | 13 Edmonton Phoenix SC | 37.33 |
| 8 Tsz Wai Wu | 13 Griffins SC | 39.53 |
| 9 Stephen Truong | 12 London Borough of Redbridge | 39.87 |
| 10 Tom Watson | 12 Bishops Stortford | 42.45 |

Event 22 Boys 14-15 50 SC Metre Butterfly

| Name | Age Team | Time |
|-------------------|--------------------------------|-------|
| 1 Thomas Clark | 15 Romford Town SC | 30.74 |
| 2 Tom Beadle | 14 London Borough of Redbridge | 32.45 |
| 3 Alex Pasmore | 14 Griffins SC | 32.91 |
| 4 Conor Toolis | 14 Romford Town SC | 33.42 |
| 5 Daniel Williams | 14 Enfield | 35.21 |
| 6 Reece Ballett | 14 Edmonton Phoenix SC | 35.77 |
| 7 Zach Neshat | 14 Edmonton Phoenix SC | 41.90 |

Event 22 Boys 16 & Over 50 SC Metre Butterfly

| Name | Age Team | Time |
|-----------------------|---------------------------------|-------|
| 1 William Allen-Mersh | 20 Chelsea & Kensington SC | 26.97 |
| 2 Daniel Voss | 24 Borough of Waltham Forest SC | 31.30 |
| 3 Stephen Cowley | 16 Edmonton Phoenix SC | 31.87 |

Event 23 Girls 9-11 200 SC Metre Breaststroke

| Name | Age Team | Time |
|-------------------------------|--------------------------------|---------|
| 1 Grace Wingrove | 11 London Borough of Redbridge | 3:11.64 |
| 44.46 1:34.07 2:23.98 3:11.64 | | |
| 2 Sara Khadraoui | 11 Enfield | 3:16.97 |
| 46.89 1:38.38 2:29.33 3:16.97 | | |
| 3 Jodie Whitehead | 11 Romford Town SC | 3:21.18 |
| 46.98 1:37.98 2:31.56 3:21.18 | | |

(Event 23 Girls 9-11 200 SC Metre Breaststroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age | Team | Time |
|-----|----------------------------------|------------|------------------------------|-------------|
| 4 | Sevin Crawford | 11 | London Borough of Redbridge | 3:21.33 |
| | 47.10 1:38.73 2:31.14 | 3:21.33 | | |
| 5 | Sophie Ward | 10 | Romford Town SC | 3:22.83 |
| | 48.43 1:40.54 2:32.82 | 3:22.83 | | |
| 6 | Caitlin Robinson | 10 | London Borough of Redbridge | 3:23.05 |
| | 48.67 1:40.42 2:32.88 | 3:23.05 | | |
| 7 | Claire Golightly | 11 | London Borough of Redbridge | 3:27.19 |
| | 49.07 1:42.35 2:34.91 | 3:27.19 | | |
| 8 | Abbie Castricone | 11 | Enfield | 3:34.35 |
| | 50.86 1:45.61 2:40.83 | 3:34.35 | | |
| 9 | Eleanor Hosford | 11 | Enfield | 3:34.63 |
| | 50.51 1:45.91 2:41.43 | 3:34.63 | | |
| 10 | Skye Fairlie-Vogt | 11 | Bishops Stortford | 3:34.65 |
| | 52.59 1:46.43 2:42.07 | 3:34.65 | | |
| 11 | Angela Damjanovska | 11 | Chelsea & Kensington SC | 3:37.07 |
| | 51.96 1:48.34 2:42.66 | 3:37.07 | | |
| 12 | Sophie Priddle | 10 | London Borough of Redbridge | 3:42.16 |
| | 51.45 1:49.03 2:46.74 | 3:42.16 | | |
| 13 | Maddie Webber | 10 | Romford Town SC | 3:42.43 |
| | 51.46 1:49.29 2:47.63 | 3:42.43 | | |
| 14 | Mathuri Karunakaran | 11 | London Borough of Redbridge | 3:43.81 |
| | 51.07 1:46.34 2:44.25 | 3:43.81 | | |
| 15 | Filippa Lindblom | 11 | London Borough of Redbridge | 3:46.79 |
| | 53.80 1:52.78 2:51.25 | 3:46.79 | | |
| 16 | Pasha George | 10 | Borough of Waltham Forest SC | 3:50.32 |
| | 54.29 1:54.79 2:52.91 | 3:50.32 | | |
| 17 | Despina Aslam | 11 | Griffins SC | 3:50.88 |
| | 54.27 1:53.87 2:53.63 | 3:50.88 | | |
| 18 | Eloise Montanana | 9 | London Borough of Redbridge | 3:51.71 |
| | 54.98 1:52.98 2:53.32 | 3:51.71 | | |
| 19 | Bethan Holder | 11 | Edmonton Phoenix SC | 3:53.99 |
| | 56.25 1:55.68 2:56.10 | 3:53.99 | | |
| 20 | Laura Marks | 10 | Chelsea & Kensington SC | 3:56.14 |
| | 55.13 1:57.55 2:58.15 | 3:56.14 | | |
| 21 | Ana-Maria Damjanovska | 9 | Chelsea & Kensington SC | 4:11.64 |
| | 57.20 2:01.22 3:06.46 | 4:11.64 | | |
| 22 | Lucy Harwood | 9 | London Borough of Redbridge | 4:12.82 |
| | 1:00.81 2:07.06 3:12.58 | 4:12.82 | | |
| 23 | Dana Jabre | 9 | Chelsea & Kensington SC | 4:25.67 |
| | 1:01.27 2:09.13 3:18.72 | 4:25.67 | | |
| 24 | Sankavee Karunakaran | 9 | London Borough of Redbridge | 5:07.19 |
| | 1:12.81 2:31.71 3:50.61 | 5:07.19 | | |
| --- | Victoria Bishop | 9 | Romford Town SC | DQ |
| | 4.4 Start before starting signal | | | |
| | 53.01 1:49.55 2:47.99 | DQ | | |

Event 23 Girls 12-13 200 SC Metre Breaststroke

| | Name | Age | Team | Time |
|---|-----------------------|------------|-----------------------------|-------------|
| 1 | Haley Golightly | 13 | London Borough of Redbridge | 3:00.25 |
| | 41.93 1:27.87 2:14.43 | 3:00.25 | | |
| 2 | Louise Rudasingwa | 13 | Chelsea & Kensington SC | 3:13.35 |
| | 45.34 1:35.58 2:25.36 | 3:13.35 | | |
| 3 | Emma Aston | 12 | Romford Town SC | 3:16.45 |
| | 46.27 1:37.03 2:26.68 | 3:16.45 | | |
| 4 | Courtney Wilson | 13 | Romford Town SC | 3:19.99 |
| | 43.16 1:33.35 2:27.82 | 3:19.99 | | |
| 5 | Ellie Wright | 12 | London Borough of Redbridge | 3:22.64 |
| | 45.59 1:38.61 2:31.85 | 3:22.64 | | |

Enfield Open Meet - 16/05/2009 to 17/05/2009

Results

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|--|--------------------------------|---------|
| 6 Sophia Amoroso | 12 London Borough of Redbridge | 3:22.68 |
| 47.26 1:39.88 2:31.50 | 3:22.68 | |
| 7 Rae Bibb | 12 London Borough of Redbridge | 3:22.88 |
| 46.46 1:37.26 2:30.01 | 3:22.88 | |
| --- Danielle McLennaghan | 13 Edmonton Phoenix SC | DQ |
| 7.6 Did not touch at turn or finish with both hands, or touch simultaneous | | |
| 50.34 1:46.01 2:40.55 | DQ | |

Event 23 Girls 14-15 200 SC Metre Breaststroke

| Name | Age Team | Time |
|-----------------------|------------------------|---------|
| 1 Megan Holder | 14 Edmonton Phoenix SC | 2:56.85 |
| 40.28 1:24.97 2:10.45 | 2:56.85 | |
| 2 Katie Sothcott | 15 Griffins SC | 3:30.91 |
| 45.06 1:38.46 2:34.25 | 3:30.91 | |

Event 23 Girls 16 & Over 200 SC Metre Breaststroke

| Name | Age Team | Time |
|-----------------------|------------------------|---------|
| 1 Alice Smyth | 16 Edmonton Phoenix SC | 3:04.78 |
| 42.67 1:29.03 2:16.99 | 3:04.78 | |

Event 24 Boys 9-11 200 SC Metre Breaststroke

| Name | Age Team | Time |
|------------------------|---------------------------------|---------|
| 1 Nathan Leong | 11 Borough of Waltham Forest SC | 3:08.23 |
| 42.90 1:30.98 2:19.92 | 3:08.23 | |
| 2 Fraser Scott | 11 London Borough of Redbridge | 3:19.04 |
| 45.32 1:37.20 2:27.66 | 3:19.04 | |
| 3 Frank McGirk | 11 London Borough of Redbridge | 3:27.74 |
| 46.73 1:41.57 2:35.74 | 3:27.74 | |
| 4 Connor Houlihan | 10 Romford Town SC | 3:28.87 |
| 48.11 1:41.46 2:37.74 | 3:28.87 | |
| 5 Morgan Brown | 11 London Borough of Redbridge | 3:31.02 |
| 49.06 1:44.25 2:38.36 | 3:31.02 | |
| 6 Joshua Burcombe | 10 Borough of Waltham Forest SC | 3:32.23 |
| 50.06 1:45.42 2:41.63 | 3:32.23 | |
| 7 Jemil Payet | 11 Enfield | 3:38.63 |
| 50.94 1:47.11 2:44.28 | 3:38.63 | |
| 8 Jordan Jordanou | 11 Griffins SC | 3:39.58 |
| 50.25 1:47.15 2:45.13 | 3:39.58 | |
| 9 Jeremy Nockels | 10 Borough of Waltham Forest SC | 3:44.27 |
| 50.36 1:49.79 2:49.37 | 3:44.27 | |
| 10 Samuel Ellis | 9 Romford Town SC | 3:46.69 |
| 52.45 1:50.44 2:49.83 | 3:46.69 | |
| 11 Tom Newman | 10 Edmonton Phoenix SC | 3:47.17 |
| 53.42 1:52.92 2:50.70 | 3:47.17 | |
| 12 Christopher Baldwin | 11 Borough of Waltham Forest SC | 3:47.24 |
| 54.09 1:53.09 2:50.78 | 3:47.24 | |
| 13 Mitchell Wilson | 9 Romford Town SC | 3:48.49 |
| 52.37 1:51.20 2:49.73 | 3:48.49 | |
| 14 Christopher Morgan | 10 Enfield | 3:50.39 |
| 54.15 1:54.04 2:53.49 | 3:50.39 | |
| 15 Oskar Nowak | 11 Griffins SC | 3:50.98 |
| 48.85 1:47.91 2:51.58 | 3:50.98 | |
| 16 Zachary Coleman | 10 Romford Town SC | 3:52.40 |
| 54.02 1:55.77 2:55.40 | 3:52.40 | |
| 17 Aiden Jackson | 9 Romford Town SC | 3:53.37 |
| 50.63 1:51.64 2:54.38 | 3:53.37 | |
| 18 Jordan Shim | 10 London Borough of Redbridge | 3:54.92 |
| 53.87 1:53.27 2:55.87 | 3:54.92 | |

(Event 24 Boys 9-11 200 SC Metre Breaststroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|---|--------------------------------|---------|
| 19 Kieran Holdbrook | 9 London Borough of Redbridge | 4:04.48 |
| 55.59 1:59.35 3:02.20 | 4:04.48 | |
| 20 Henry Wenham | 10 Romford Town SC | 4:21.65 |
| 59.90 2:06.76 3:13.83 | 4:21.65 | |
| 21 Niccolo Amoroso | 9 London Borough of Redbridge | 4:31.42 |
| 1:01.47 2:12.36 3:22.10 | 4:31.42 | |
| --- Reece Nicholls | 9 Borough of Waltham Forest SC | DQ |
| 7.4 Leg movements not simultaneous (alternating leg movement) | | |
| 50.98 1:52.34 2:52.05 | DQ | |

Event 24 Boys 12-13 200 SC Metre Breaststroke

| Name | Age Team | Time |
|-----------------------|--------------------------------|---------|
| 1 Antony Aslam | 12 Griffins SC | 3:10.47 |
| 44.52 1:33.56 2:23.47 | 3:10.47 | |
| 2 Charlie Davis | 12 Romford Town SC | 3:12.92 |
| 44.03 1:33.06 2:24.06 | 3:12.92 | |
| 3 Stephen Truong | 12 London Borough of Redbridge | 3:26.27 |
| 46.88 1:41.55 2:35.51 | 3:26.27 | |
| 4 Thomas Connolly | 12 Bishops Stortford | 3:27.18 |
| 47.03 1:41.21 2:36.71 | 3:27.18 | |
| 5 Tsz Wai Wu | 13 Griffins SC | 3:30.47 |
| 46.13 1:39.62 2:37.12 | 3:30.47 | |

Event 24 Boys 14-15 200 SC Metre Breaststroke

| Name | Age Team | Time |
|-----------------------|------------------------|---------|
| 1 Zach Neshat | 14 Edmonton Phoenix SC | 3:50.88 |
| 49.67 1:47.77 2:51.99 | 3:50.88 | |

Event 24 Boys 16 & Over 200 SC Metre Breaststroke

| Name | Age Team | Time |
|-----------------------|---------------------------------|---------|
| 1 Daniel Voss | 24 Borough of Waltham Forest SC | 2:56.97 |
| 39.05 1:24.05 2:10.44 | 2:56.97 | |

Event 25 Girls 10-11 100 SC Metre Backstroke

| Name | Age Team | Time |
|----------------------|---------------------------------|---------|
| 1 Victoria Christmas | 11 Romford Town SC | 1:16.69 |
| 36.89 1:16.69 | | |
| 2 Rochelle Cabey | 11 Borough of Waltham Forest SC | 1:19.58 |
| 37.66 1:19.58 | | |
| 3 Beth Hassan | 11 Enfield | 1:19.88 |
| 38.73 1:19.88 | | |
| 4 Grace Ledwith | 11 Bishops Stortford | 1:20.40 |
| 38.71 1:20.40 | | |
| 5 Fiona Westcough | 11 Griffins SC | 1:22.87 |
| 40.58 1:22.87 | | |
| 6 Rachael Gunn | 11 Bishops Stortford | 1:22.88 |
| 40.53 1:22.88 | | |
| 7 Mia Hawkes | 10 Edmonton Phoenix SC | 1:26.43 |
| 43.55 1:26.43 | | |
| 8 Sophie Ward | 10 Romford Town SC | 1:26.50 |
| 42.92 1:26.50 | | |
| 9 Ellen Blane | 11 Enfield | 1:26.57 |
| 42.30 1:26.57 | | |
| 10 Jodie Whitehead | 11 Romford Town SC | 1:26.83 |
| 42.12 1:26.83 | | |
| 11 Cristiana Police | 11 Chelsea & Kensington SC | 1:28.49 |
| 44.04 1:28.49 | | |

(Event 25 Girls 10-11 100 SC Metre Backstroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age Team | Time |
|----|-------------------------------------|---------------------------------|-------------|
| 12 | Alice Monteforte 44.63 1:30.33 | 10 Enfield | 1:30.33 |
| 13 | Angela Damjanovska 45.33 1:32.28 | 11 Chelsea & Kensington SC | 1:32.28 |
| 14 | Tarini Tripathi 45.51 1:34.26 | 11 Chelsea & Kensington SC | 1:34.26 |
| 15 | Afton Doe 45.42 1:34.55 | 10 Edmonton Phoenix SC | 1:34.55 |
| 16 | Marie Campbell 46.47 1:35.25 | 10 London Borough of Redbridge | 1:35.25 |
| 17 | Pasha George 47.01 1:35.59 | 10 Borough of Waltham Forest SC | 1:35.59 |
| 18 | Erin Clements 46.22 1:36.63 | 10 Griffins SC | 1:36.63 |
| 19 | Laura Marks 47.04 1:36.87 | 10 Chelsea & Kensington SC | 1:36.87 |
| 20 | Bethan Jones 47.56 1:37.04 | 11 Bishops Stortford | 1:37.04 |
| 21 | Eleanor Hosford 47.99 1:37.33 | 11 Enfield | 1:37.33 |
| 22 | Skye Fairlie-Vogt 47.43 1:38.73 | 11 Bishops Stortford | 1:38.73 |
| 23 | Jessika Nethaway 48.85 1:39.33 | 10 Enfield | 1:39.33 |
| 24 | Isabel Levine 48.09 1:40.22 | 10 London Borough of Redbridge | 1:40.22 |

Event 25 Girls 12-13 100 SC Metre Backstroke

| | Name | Age Team | Time |
|-----|---|--------------------------------|-------------|
| 1 | Aoife Clark-McGhee 37.82 1:17.40 | 13 London Borough of Redbridge | 1:17.40 |
| 2 | Laura Brooks 38.93 1:19.70 | 12 Romford Town SC | 1:19.70 |
| 3 | Sophie Thompson 39.62 1:21.87 | 13 Romford Town SC | 1:21.87 |
| 4 | Kelly Floyd 41.62 1:25.10 | 12 Broomfield Park | 1:25.10 |
| 5 | Sophia Amoroso 42.35 1:26.82 | 12 London Borough of Redbridge | 1:26.82 |
| 6 | Taria Carson 41.37 1:27.19 | 12 Edmonton Phoenix SC | 1:27.19 |
| 7 | Emma Castricone 42.32 1:28.17 | 12 Enfield | 1:28.17 |
| 8 | Danielle McLennaghan 46.16 1:35.48 | 13 Edmonton Phoenix SC | 1:35.48 |
| --- | Rosie Webber 6.2 Left position on the back (other than to initiate a turn) 37.97 DQ | 12 Romford Town SC | DQ |

Event 25 Girls 14-15 100 SC Metre Backstroke

| | Name | Age Team | Time |
|---|-----------------------------------|--------------------------------|-------------|
| 1 | Sarah Browne 36.00 1:13.81 | 14 Edmonton Phoenix SC | 1:13.81 |
| 2 | Kate Heptinstall 37.00 1:17.48 | 14 Romford Town SC | 1:17.48 |
| 3 | Sophie Hollis 37.93 1:18.54 | 14 London Borough of Redbridge | 1:18.54 |

(Event 25 Girls 14-15 100 SC Metre Backstroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age Team | Time |
|---|---------------|------------------------|-------------|
| 4 | Rachel Harris | 15 Edmonton Phoenix SC | 1:19.45 |
| | 38.35 1:19.45 | | |
| 5 | Hannah Coles | 14 Romford Town SC | 1:21.09 |
| | 40.13 1:21.09 | | |
| 6 | Connie Hawkes | 14 Edmonton Phoenix SC | 1:28.00 |
| | 42.13 1:28.00 | | |

Event 25 Girls 16 & Over 100 SC Metre Backstroke

| | Name | Age Team | Time |
|---|---------------|-------------------------------|-------------|
| 1 | Lauren Willox | 16 Enfield | 1:17.84 |
| | 37.34 1:17.84 | | |
| 2 | Lucy Harwood | 9 London Borough of Redbridge | 1:34.93 |
| | 47.18 1:34.93 | | |

Event 26 Boys 10-11 100 SC Metre Backstroke

| | Name | Age Team | Time |
|-----|---|---------------------------------|-------------|
| 1 | Nathan Leong | 11 Borough of Waltham Forest SC | 1:22.83 |
| | 40.82 1:22.83 | | |
| 2 | Christopher Baldwin | 11 Borough of Waltham Forest SC | 1:25.95 |
| | 42.34 1:25.95 | | |
| 3 | Joshua Burcombe | 10 Borough of Waltham Forest SC | 1:28.06 |
| | 42.84 1:28.06 | | |
| 4 | Theo Athientis | 10 London Borough of Redbridge | 1:32.24 |
| | 44.79 1:32.24 | | |
| 5 | Ryan Nicholls | 11 Borough of Waltham Forest SC | 1:32.52 |
| | 45.50 1:32.52 | | |
| 6 | Dominic Davies | 11 Borough of Waltham Forest SC | 1:34.78 |
| | 45.79 1:34.78 | | |
| 7 | Daniel Lambert | 10 London Borough of Redbridge | 1:35.44 |
| | 46.39 1:35.44 | | |
| 8 | Oliver Coles | 10 Romford Town SC | 1:36.25 |
| | 47.69 1:36.25 | | |
| 9 | Jemil Payet | 11 Enfield | 1:37.11 |
| | 47.60 1:37.11 | | |
| 10 | Michael Welch | 10 Griffins SC | 1:37.68 |
| | 47.31 1:37.68 | | |
| 11 | Oskar Nowak | 11 Griffins SC | 1:47.84 |
| | 51.30 1:47.84 | | |
| --- | Robert Benson | 10 Romford Town SC | DQ |
| | 6.2 Left position on the back (other than to initiate a turn) | | |
| | 50.87 DQ | | |
| --- | Zachary Coleman | 10 Romford Town SC | DQ |
| | 4.4 Start before starting signal | | |
| | 45.25 DQ | | |

Event 26 Boys 12-13 100 SC Metre Backstroke

| | Name | Age Team | Time |
|---|------------------|--------------------------------|-------------|
| 1 | Harry Jenner | 13 Enfield | 1:12.33 |
| | 35.39 1:12.33 | | |
| 2 | Michael Tunstall | 13 Edmonton Phoenix SC | 1:14.03 |
| | 37.52 1:14.03 | | |
| 3 | Ryan McCarthy | 13 Enfield | 1:14.90 |
| | 36.64 1:14.90 | | |
| 4 | Joshua Rogers | 13 Romford Town SC | 1:16.17 |
| | 36.81 1:16.17 | | |
| 5 | Samuel Kelly | 12 London Borough of Redbridge | 1:16.57 |
| | 37.88 1:16.57 | | |

(Event 26 Boys 12-13 100 SC Metre Backstroke)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|------------------------------------|---------------------------------|-------------|
| 6 Antony Aslam 37.75 1:17.49 | 12 Griffins SC | 1:17.49 |
| 7 Ben Williams 39.22 1:20.28 | 13 Enfield | 1:20.28 |
| 8 Fabian Jasonson 39.84 1:21.54 | 12 Griffins SC | 1:21.54 |
| 9 Charlie Davis 40.44 1:21.99 | 12 Romford Town SC | 1:21.99 |
| 10 Thomas Benson 40.58 1:22.05 | 13 Romford Town SC | 1:22.05 |
| 11 Jesse Taylor 39.37 1:23.21 | 13 Edmonton Phoenix SC | 1:23.21 |
| 12 Max Woodward 38.85 1:23.24 | 13 Enfield | 1:23.24 |
| 13 Kyle Hall 42.19 1:25.54 | 12 London Borough of Redbridge | 1:25.54 |
| 14 Lee Farmer 42.14 1:26.10 | 12 Borough of Waltham Forest SC | 1:26.10 |
| 15 Tsz Wai Wu 43.91 1:28.75 | 13 Griffins SC | 1:28.75 |

Event 26 Boys 14-15 100 SC Metre Backstroke

| Name | Age Team | Time |
|------------------------------------|--------------------------------|-------------|
| 1 Zach Kirlew 33.74 1:08.42 | 14 Edmonton Phoenix SC | 1:08.42 |
| 2 Matthew Bayliss 32.80 1:08.73 | 14 Griffins SC | 1:08.73 |
| 3 Adam Gillard 35.18 1:13.10 | 14 London Borough of Redbridge | 1:13.10 |
| 4 Reece Ballett 36.10 1:14.49 | 14 Edmonton Phoenix SC | 1:14.49 |

Event 26 Boys 16 & Over 100 SC Metre Backstroke

| Name | Age Team | Time |
|---------------------------------|------------------------|-------------|
| 1 Louis Kirlew 31.72 1:05.99 | 17 Edmonton Phoenix SC | 1:05.99 |

Event 27 Girls 9-11 50 SC Metre Freestyle

| Name | Age Team | Time |
|-------------------------------|---------------------------------|-------------|
| 1 Rochelle Cabey | 11 Borough of Waltham Forest SC | 31.70 |
| 2 Rachael Gunn | 11 Bishops Stortford | 32.60 |
| 3 Beth Hassan | 11 Enfield | 32.78 |
| 4 Grace Wingrove | 11 London Borough of Redbridge | 33.21 |
| 5 Grace Ledwith | 11 Bishops Stortford | 33.44 |
| 6 Cristiana Police | 11 Chelsea & Kensington SC | 33.55 |
| 7 Mia Hawkes | 10 Edmonton Phoenix SC | 33.93 |
| 8 Ellen Blane | 11 Enfield | 34.29 |
| 9 Angela Damjanovska | 11 Chelsea & Kensington SC | 35.75 |
| 10 Jodie Whitehead | 11 Romford Town SC | 36.20 |
| 11 Alexandria Adams Steblecki | 11 Enfield | 36.51 |
| 12 Chloe Thompson | 9 Romford Town SC | 36.81 |
| 13 Rianne Benjamin | 11 Enfield | 36.95 |
| 14 Tarini Tripathi | 11 Chelsea & Kensington SC | 37.29 |
| 15 Marie Campbell | 10 London Borough of Redbridge | 37.49 |
| 16 Afton Doe | 10 Edmonton Phoenix SC | 37.73 |
| 17 Laura Marks | 10 Chelsea & Kensington SC | 37.84 |
| 18 Pasha George | 10 Borough of Waltham Forest SC | 37.89 |
| 19 Lucy Harwood | 9 London Borough of Redbridge | 38.27 |

Enfield Open Meet - 16/05/2009 to 17/05/2009

Results

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| Name | Age Team | Time |
|--------------------------|--------------------------------|-------|
| 20 Bethan Jones | 11 Bishops Stortford | 38.39 |
| 21 Erin Clements | 10 Griffins SC | 38.68 |
| 22 Despina Aslam | 11 Griffins SC | 38.88 |
| 23 Maddie Webber | 10 Romford Town SC | 38.89 |
| 24 Victoria Bishop | 9 Romford Town SC | 39.12 |
| 25 Abbie Castricone | 11 Enfield | 39.18 |
| 26 Jessika Nethaway | 10 Enfield | 39.52 |
| 27 Ana-Maria Damjanovska | 9 Chelsea & Kensington SC | 39.84 |
| 28 Dana Jabre | 9 Chelsea & Kensington SC | 39.88 |
| 29 Isabel Levine | 10 London Borough of Redbridge | 40.94 |
| 30 Yasemin Erensoy | 10 Edmonton Phoenix SC | 40.98 |
| 31 Skye Fairlie-Vogt | 11 Bishops Stortford | 42.48 |
| 32 Michelle Hughes | 11 Romford Town SC | 43.77 |
| 33 Louise Harvey | 10 Enfield | 44.53 |
| 34 Sankavee Karunakaran | 9 London Borough of Redbridge | 50.08 |

Event 27 Girls 12-13 50 SC Metre Freestyle

| Name | Age Team | Time |
|-------------------------|--------------------------------|-------|
| 1 Haley Golightly | 13 London Borough of Redbridge | 31.11 |
| 2 Hannah Merry | 12 Enfield | 32.65 |
| 3 Danielle Rudasingwa | 12 Chelsea & Kensington SC | 32.77 |
| 4 Rosie Webber | 12 Romford Town SC | 32.91 |
| 5 Kelly Floyd | 12 Broomfield Park | 33.36 |
| 6 Laura Brooks | 12 Romford Town SC | 33.49 |
| 7 Aoife Clark-McGhee | 13 London Borough of Redbridge | 33.55 |
| 8 Sophie Thompson | 13 Romford Town SC | 33.66 |
| 9 Shannon Purcell | 12 London Borough of Redbridge | 33.68 |
| 10 Courtney Wilson | 13 Romford Town SC | 33.87 |
| 11 Rae Bibb | 12 London Borough of Redbridge | 34.42 |
| 12 Brodie Miller | 13 Edmonton Phoenix SC | 34.97 |
| 13 Emma Castricone | 12 Enfield | 35.43 |
| 14 Taria Carson | 12 Edmonton Phoenix SC | 36.13 |
| 15 Danielle McLennaghan | 13 Edmonton Phoenix SC | 37.29 |
| 16 Shannon Kelly | 12 Enfield | 37.47 |
| 17 Zahra Neshat | 12 Edmonton Phoenix SC | 45.05 |

Event 27 Girls 14-15 50 SC Metre Freestyle

| Name | Age Team | Time |
|----------------------------------|--------------------------------|-------|
| 1 Sarah Browne | 14 Edmonton Phoenix SC | 30.16 |
| 2 Megan Holder | 14 Edmonton Phoenix SC | 30.52 |
| 3 Sophie Hollis | 14 London Borough of Redbridge | 31.72 |
| 4 Gabriella | 14 Enfield | 33.27 |
| 5 Kate Heptinstall | 14 Romford Town SC | 33.67 |
| 6 Connie Hawkes | 14 Edmonton Phoenix SC | 35.03 |
| --- Charlotte Norris | 14 Enfield | DQ |
| 4.4 Start before starting signal | | |

Event 27 Girls 16 & Over 50 SC Metre Freestyle

| Name | Age Team | Time |
|-----------------|------------------------|-------|
| 1 Lauren Willox | 16 Enfield | 30.87 |
| 2 Alice Smyth | 16 Edmonton Phoenix SC | 31.54 |

Event 28 Boys 9-11 50 SC Metre Freestyle

| Name | Age Team | Time |
|-------------------|---------------------------------|-------|
| 1 Nathan Leong | 11 Borough of Waltham Forest SC | 31.84 |
| 2 Ethan Renny | 11 Enfield | 33.68 |
| 3 Joshua Burcombe | 10 Borough of Waltham Forest SC | 34.02 |

(Event 28 Boys 9-11 50 SC Metre Freestyle)

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results**

| | Name | Age Team | Time |
|-----|---------------------|---------------------------------|-------------|
| 4 | Josh Kirlew | 9 Edmonton Phoenix SC | 34.48 |
| 5 | Connor Houlihan | 10 Romford Town SC | 34.97 |
| 6 | Tom Newman | 10 Edmonton Phoenix SC | 35.14 |
| 7 | Zachary Coleman | 10 Romford Town SC | 35.67 |
| 8 | Michael Welch | 10 Griffins SC | 36.34 |
| 9 | Jemil Payet | 11 Enfield | 36.68 |
| *10 | Jordan Jordanou | 11 Griffins SC | 37.28 |
| *10 | Reece Nicholls | 9 Borough of Waltham Forest SC | 37.28 |
| 12 | Oliver Coles | 10 Romford Town SC | 37.71 |
| 13 | Ben Howe | 10 Edmonton Phoenix SC | 37.79 |
| 14 | Finn Crome Sweeney | 11 Enfield | 38.09 |
| 15 | Christopher Baldwin | 11 Borough of Waltham Forest SC | 38.13 |
| 16 | Dominic Davies | 11 Borough of Waltham Forest SC | 38.17 |
| 17 | Samuel Ellis | 9 Romford Town SC | 38.37 |
| 18 | Jeremy Nockels | 10 Borough of Waltham Forest SC | 38.56 |
| *19 | Theo Athientis | 10 London Borough of Redbridge | 38.57 |
| *19 | Ryan Nicholls | 11 Borough of Waltham Forest SC | 38.57 |
| 21 | Aiden Jackson | 9 Romford Town SC | 38.75 |
| 22 | Oskar Nowak | 11 Griffins SC | 38.82 |
| 23 | Mitchell Wilson | 9 Romford Town SC | 38.86 |
| 24 | Daniel Lambert | 10 London Borough of Redbridge | 38.87 |
| 25 | Noah Duodoo | 11 Edmonton Phoenix SC | 39.07 |
| 26 | James Whiting | 9 Edmonton Phoenix SC | 39.79 |
| 27 | Jordan Shim | 10 London Borough of Redbridge | 42.11 |
| 28 | Connor Julian | 10 Romford Town SC | 42.20 |
| 29 | Callum McCabe | 10 Edmonton Phoenix SC | 42.34 |
| 30 | Henry Wenham | 10 Romford Town SC | 42.62 |
| 31 | Robert Benson | 10 Romford Town SC | 42.75 |
| 32 | James Bayliss | 9 Griffins SC | 43.63 |
| *33 | Shane Allen | 9 Enfield | 44.00 |
| *33 | Niccolo Amoroso | 9 London Borough of Redbridge | 44.00 |
| 35 | Matthew Hoare | 10 Griffins SC | 45.37 |

Event 28 Boys 12-13 50 SC Metre Freestyle

| | Name | Age Team | Time |
|----|------------------|------------------------|-------------|
| 1 | Michael Tunstall | 13 Edmonton Phoenix SC | 28.23 |
| 2 | Harry Jenner | 13 Enfield | 29.73 |
| 3 | Ryan McCarthy | 13 Enfield | 30.19 |
| 4 | Jesse Taylor | 13 Edmonton Phoenix SC | 30.61 |
| 5 | Joshua Rogers | 13 Romford Town SC | 31.00 |
| 6 | Ben Williams | 13 Enfield | 31.22 |
| 7 | Max Woodward | 13 Enfield | 31.46 |
| 8 | Fabian Jasonson | 12 Griffins SC | 31.65 |
| *9 | Sam Bishop | 12 Romford Town SC | 31.84 |
| *9 | Thomas Benson | 13 Romford Town SC | 31.84 |
| 11 | Antony Aslam | 12 Griffins SC | 31.89 |
| 12 | Thomas Connolly | 12 Bishops Stortford | 33.25 |
| 13 | Sam Fagg | 12 Edmonton Phoenix SC | 33.38 |
| 14 | Charlie Davis | 12 Romford Town SC | 33.70 |
| 15 | Tsz Wai Wu | 13 Griffins SC | 34.31 |
| 16 | Joe Glazebrook | 12 Edmonton Phoenix SC | 35.35 |
| 17 | Scott Harvey | 13 Enfield | 35.55 |
| 18 | Lewis Julian | 12 Romford Town SC | 35.66 |
| 19 | Tom Watson | 12 Bishops Stortford | 38.59 |

Enfield Open Meet - 16/05/2009 to 17/05/2009**Results****Event 28 Boys 14-15 50 SC Metre Freestyle**

| | Name | Age Team | Time |
|---|-----------------|--------------------------------|-------------|
| 1 | Zach Kirlew | 14 Edmonton Phoenix SC | 27.80 |
| 2 | Matthew Bayliss | 14 Griffins SC | 28.59 |
| 3 | Adam Gillard | 14 London Borough of Redbridge | 28.73 |
| 4 | Reece Ballett | 14 Edmonton Phoenix SC | 30.12 |
| 5 | Ricardo Sowe | 14 Enfield | 31.99 |
| 6 | Zach Neshat | 14 Edmonton Phoenix SC | 33.75 |
| 7 | Kemal Kole | 15 Edmonton Phoenix SC | 34.73 |

Event 28 Boys 16 & Over 50 SC Metre Freestyle

| | Name | Age Team | Time |
|---|----------------|---------------------------------|-------------|
| 1 | Louis Kirlew | 17 Edmonton Phoenix SC | 27.36 |
| 2 | Daniel Voss | 24 Borough of Waltham Forest SC | 28.00 |
| 3 | Joseph Smith | 17 Edmonton Phoenix SC | 28.77 |
| 4 | Stephen Cowley | 16 Edmonton Phoenix SC | 28.96 |