

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results****Event 1 Girls 9 Year Olds 200 SC Metre Butterfly**

	Name	Age	Team	Time
1	Monteforte, Alice	9	Enfield	3:57.05
	47.82	1:48.36	2:54.90	3:57.05

Event 1 Girls 10 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Doe, Afton	10	Edmonton Phoenix SC	3:48.78
	45.80	1:44.03	2:47.39	3:48.78

Event 1 Girls 11 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Westcough, Fiona	11	Griffins	3:25.43
	45.47	1:37.86	2:32.51	3:25.43
2	Hassan, Beth	11	Enfield	3:26.96
	47.71	1:40.78	2:37.04	3:26.96
3	Taylor, Sydney	11	Edmonton Phoenix SC	3:29.07
	45.55	1:36.44	2:33.77	3:29.07
4	Adams Steblecki, Alexandria	11	Enfield	4:09.01
	48.37	1:51.42	3:02.42	4:09.01

Event 1 Girls 13 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Williams, Sarah	13	Griffins	3:48.30
	47.78	1:48.25	2:50.36	3:48.30

Event 1 Girls 14 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Browne, Sarah	14	Edmonton Phoenix SC	2:55.34
	37.87	1:20.60	2:08.12	2:55.34
2	Wells, Zoe	14	Griffins	3:09.23
	38.07	1:23.66	2:18.23	3:09.23

Event 1 Girls 15 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Tunstall, Emma	15	Edmonton Phoenix SC	2:33.70

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34.57 1:14.77 1:54.29 2:33.70

Event 2 Boys 9 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 Kirlew, Josh	9	Edmonton Phoenix SC	3:07.44
43.57 1:31.11 2:20.90 3:07.44			
2 Zlotnick, Joseph	9	Griffins	3:20.27
46.67 1:38.64 2:30.51 3:20.27			
3 McCabe, Callum	9	Edmonton Phoenix SC	3:49.63
52.33 1:50.81 2:52.24 3:49.63			
4 Lovell, James	9	Griffins	3:54.84
55.10 1:54.24 2:56.38 3:54.84			
--- Whiting, James	9	Edmonton Phoenix SC	DQ
6.5 Not on the back at finish			
48.49 1:42.57 2:34.90 DQ			

Event 2 Boys 10 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 McCarthy, Ross	10	Enfield	3:19.94
47.18 1:38.44 2:29.90 3:19.94			
2 Ryan-Dunn, Jack	10	Griffins	3:27.50
48.89 1:43.18 2:36.30 3:27.50			
3 Crome Sweeney, Finn	10	Enfield	3:36.64
52.56 1:47.07 2:43.41 3:36.64			

(Event 2 Boys 10 Year Olds 200 SC Metre Backstroke)

Name	Age	Team	Time
4 Payet, Jemil	10	Enfield	3:38.15
49.60 1:46.44 2:44.46 3:38.15			
5 Morgan, Christopher	10	Enfield	4:33.24
1:02.07 2:11.60 3:22.67 4:33.24			

Event 2 Boys 11 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 Bertram, Elliot	11	Griffins	3:00.57
42.27 1:29.29 2:17.10 3:00.57			
2 Fagg, Sam	11	Edmonton Phoenix SC	3:37.94

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	52.03	1:48.04	2:44.17	3:37.94		
3	Williams, Daniel			11	Griffins	3:42.43
	49.74	1:46.66	2:44.84	3:42.43		
4	Sincer, Daniel Timucin			11	Enfield	3:58.67
	52.65	1:52.11	2:55.25	3:58.67		
5	Whyte, Ryan			11	Enfield	4:19.90
	54.81	2:00.96	3:09.31	4:19.90		

Event 2 Boys 12 Year Olds 200 SC Metre Backstroke

	Name	Age	Team	Time	
1	Aslam, Antony	12	Griffins	2:48.56	
	39.55	1:22.38	2:06.52	2:48.56	
2	Pasmore, Toby	12	Griffins	2:51.25	
	39.55	1:23.34	2:08.84	2:51.25	
3	McCarthy, Ryan	12	Enfield	2:52.31	
	39.44	1:23.37	2:08.99	2:52.31	
4	Mason, Ross	12	Broomfield ParkSC	2:55.96	
	40.25	1:24.73	2:10.74	2:55.96	
5	Woodward, Max	12	Enfield	2:58.42	
	40.65	1:27.04	2:14.39	2:58.42	
6	Di Muro, Roberto	12	Griffins	3:00.44	
	41.83	1:27.87	2:14.52	3:00.44	
7	Keane, James	12	Griffins	3:11.63	
	45.93	1:35.72	2:24.61	3:11.63	
8	Lovell, Terry	12	Griffins	3:33.76	
	48.24	1:43.62	2:39.98	3:33.76	
9	Datta, Jishnu	12	Edmonton Phoenix SC	3:35.19	
	49.26	1:45.63	2:41.28	3:35.19	
10	Kutlu, Yunus	12	Edmonton Phoenix SC	3:49.17	
	48.90	1:47.50	2:49.94	3:49.17	
---	Disney, Thomas	12	Edmonton Phoenix SC	DQ	
	4.4	Start before starting signal			
	46.01	1:40.12	2:37.16	DQ	

Event 2 Boys 13 Year Olds 200 SC Metre Backstroke

	Name	Age	Team	Time
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LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

1	Bayliss, Matthew	13	Griffins	2:35.28
	36.18	1:15.43	1:55.57	2:35.28
2	Tunstall, Michael	13	Edmonton Phoenix SC	2:43.67
	37.28	1:20.52	2:03.69	2:43.67
3	Nicol, Adrian	13	Griffins	2:52.19
	39.66	1:23.78	2:08.29	2:52.19
4	Chivers, Anton	13	Griffins	2:55.15
	40.62	1:24.98	2:10.73	2:55.15
5	Williams, Ben	13	Enfield	2:57.30
	41.27	1:26.50	2:12.40	2:57.30
6	Taylor, Jessie	13	Edmonton Phoenix SC	2:59.18
	41.68	1:26.03	2:14.21	2:59.18

(Event 2 Boys 13 Year Olds 200 SC Metre Backstroke)

	Name	Age	Team	Time
7	Crowfoot, Charlie	13	Broomfield ParkSC	3:02.65
	42.80	1:30.27	3:02.69	3:02.65

Event 2 Boys 14 Year Olds 200 SC Metre Backstroke

	Name	Age	Team	Time
1	Kirlew, Zach	14	Edmonton Phoenix SC	2:27.52
	34.45	1:11.66	1:49.99	2:27.52
2	Pasmore, Alex	14	Griffins	2:46.09
	36.79	1:18.86	2:03.02	2:46.09
3	Katkoria, Jai	14	Enfield	3:04.48
			2:19.39	3:04.48

Event 2 Boys 15 Year Olds 200 SC Metre Backstroke

	Name	Age	Team	Time
1	Novoselov, Anton	15	Enfield	2:44.68
	37.42	1:19.09	2:03.03	2:44.68
2	Rock, Joshua	15	Broomfield ParkSC	2:46.65
	38.51	1:20.72	2:04.95	2:46.65
3	Wyrwas, Carl	15	Broomfield ParkSC	2:50.33
	39.70	1:23.90	2:09.20	2:50.33
4	Linque, Dwanne	15	Enfield	3:01.31

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	41.80	1:29.13	3:01.31		
5	Smith, Lyden			15 Enfield	3:07.12
	41.50	1:29.38	2:19.14	3:07.12	

Event 2 Boys 16-99 200 SC Metre Backstroke

	Name	Age	Team	Time	
1	Kirlew, Louis	17	Edmonton Phoenix SC	2:23.64	
	32.63	1:08.34	1:45.85	2:23.64	
2	Zuccolini, Ben	16	Edmonton Phoenix SC	2:26.63	
	33.96	1:11.51	1:49.75	2:26.63	
3	Pearce, Laurie	16	Broomfield ParkSC	2:47.88	
	40.63	1:22.21	2:07.06	2:47.88	

Event 3 Girls 10 Year Olds 400 SC Metre Freestyle

	Name	Age	Team	Time				
1	Hosford, Eleanor	10	Enfield	6:20.76				
	42.05	1:29.15	2:17.68	3:06.56	3:56.19	4:46.00	5:35.34	6:20.76
2	Halihan, Amy	10	Edmonton Phoenix SC	7:28.98				
	46.31	1:39.55	2:36.45	3:35.28	4:34.63	5:33.75	6:33.19	7:28.98

Event 3 Girls 11 Year Olds 400 SC Metre Freestyle

	Name	Age	Team	Time				
1	Westcough, Fiona	11	Griffins	5:33.34				
	37.57	1:18.82	2:01.50	2:43.63	3:26.62	4:10.14	4:52.19	5:33.34
2	Bagan, Tsiu-Kim	11	Griffins	5:44.83				
	37.80	1:19.83	2:03.15	2:47.02	3:31.49	4:16.57	5:01.91	5:44.83
3	Floyd, Kelly S	11	Broomfield ParkSC	6:18.62				
	40.13	1:24.49	2:12.75	3:01.60	3:50.70	4:41.17	5:32.04	6:18.62

Event 3 Girls 12 Year Olds 400 SC Metre Freestyle

	Name	Age	Team	Time				
1	Newman, Charlotte	12	Edmonton Phoenix SC	5:15.58				
	35.52	1:14.76	1:55.28	2:36.06	3:16.65	3:56.57	4:36.26	5:15.58
2	Thomas, Hannah	12	Edmonton Phoenix SC	5:16.78				
	35.53	1:15.19	1:56.18	2:37.23	3:18.27	3:58.97	4:39.27	5:16.78

Event 3 Girls 13 Year Olds 400 SC Metre Freestyle

	Name	Age	Team	Time
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1	McGarvey, Nina	13	Edmonton Phoenix SC						4:56.85
	33.79	1:10.43	1:47.25	2:24.69	3:02.22	3:39.96	4:18.59	4:56.85	
2	Holder, Megan	13	Edmonton Phoenix SC						5:03.89
	33.80	1:11.25	1:49.63	2:29.13	3:08.20	3:47.79	4:26.89	5:03.89	
3	Prior, Jessica	13	Griffins						5:27.38
	36.92	1:18.16	1:59.71	2:41.50	3:24.07	4:05.50	4:47.80	5:27.38	
4	Hawkes, Connie	13	Edmonton Phoenix SC						5:28.42
	37.24	1:18.79	2:00.86	2:42.21	3:24.19	4:06.24	4:48.60	5:28.42	
5	Williams, Sarah	13	Griffins						6:51.07
	42.62	1:33.29	2:26.41	3:20.64	4:14.94	5:07.90	6:01.06	6:51.07	

Event 3 Girls 14 Year Olds 400 SC Metre Freestyle

	Name	Age	Team						Time
1	Browne, Sarah	14	Edmonton Phoenix SC						5:04.12
	34.81	1:12.59	1:51.03	2:30.07	3:08.97	3:47.63	4:26.71	5:04.12	
2	Mason, Alice	14	Broomfield ParkSC						5:52.09
	37.22	1:19.65	2:04.18	2:48.65	3:34.32	4:20.61	5:07.32	5:52.09	

Event 3 Girls 15 Year Olds 400 SC Metre Freestyle

	Name	Age	Team						Time
1	Tunstall, Emma	15	Edmonton Phoenix SC						4:47.25
	33.85	1:09.61	1:45.80	2:21.99	2:58.06	3:34.71	4:11.15	4:47.25	
2	Harris, Rachel	15	Edmonton Phoenix SC						5:24.86
	35.49	1:15.63	1:57.44	2:38.95	3:20.34	4:02.43	4:44.65	5:24.86	

Event 4 Boys 9 Year Olds 200 SC Metre Butterfly

	Name	Age	Team						Time
1	Kirlew, Josh	9	Edmonton Phoenix SC						3:37.94
	44.63	1:40.87	2:40.07	3:37.94					
2	Zlotnick, Joseph	9	Griffins						3:52.02
	50.92	1:51.34	2:53.30	3:52.02					

Event 4 Boys 10 Year Olds 200 SC Metre Butterfly

	Name	Age	Team						Time
1	Howe, Ben	10	Edmonton Phoenix SC						3:39.11

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	45.80	1:40.69	2:44.20	3:39.11		
2	Payet, Jemil			10	Enfield	4:11.13

	51.43	1:55.53	3:04.54	4:11.13		
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Event 4 Boys 11 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Bertram, Elliot	11	Griffins	3:01.75
	41.15	1:27.14	2:17.80	3:01.75
2	Williams, Daniel	11	Griffins	3:59.38

	50.26	1:53.47	2:59.03	3:59.38		
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Event 4 Boys 12 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Pasmore, Toby	12	Griffins	3:05.88
	41.24	1:27.28	2:18.35	3:05.88
2	Keane, James	12	Griffins	3:14.95

	43.44	1:31.11	2:24.18	3:14.95
3	Woodward, Max	12	Enfield	3:30.44

	41.27	1:35.58	2:34.18	3:30.44		
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Event 4 Boys 13 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Williams, Ben	13	Enfield	3:10.05
	42.08	1:30.09	2:24.59	3:10.05
2	Jenner, Harry	13	Enfield	3:12.04

	38.93	1:27.27	2:20.44	3:12.04
3	Taylor, Jessie	13	Edmonton Phoenix SC	3:26.92

	44.69	1:36.19	2:31.00	3:26.92
4	Ellinas, Christos	13	Edmonton Phoenix SC	4:03.51

	44.86	1:43.16	2:51.88	4:03.51		
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Event 4 Boys 14 Year Olds 200 SC Metre Butterfly

	Name	Age	Team	Time
1	Pasmore, Alex	14	Griffins	2:58.44
	36.07	1:20.96	2:11.27	2:58.44
2	Winfield, James	14	Enfield	3:03.80

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

38.81 1:22.67 2:13.99 3:03.80

Event 4 Boys 16-99 200 SC Metre Butterfly

Name	Age	Team	Time
1 Zuccolini, Ben	16	Edmonton Phoenix SC	2:33.02

32.80 1:11.80 1:52.61 2:33.02

Event 5 Girls 9 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 Montague, Jessie	9	Enfield	3:11.85
45.67 1:35.26 2:25.68 3:11.85			
2 Hawkes, Mia	9	Edmonton Phoenix SC	3:18.42
49.16 1:39.45 2:29.06 3:18.42			
3 Monteforte, Alice	9	Enfield	3:24.83
47.39 1:39.13 2:33.98 3:24.83			
4 Nethaway, Jessika	9	Enfield	3:47.62
55.82 1:57.16 2:56.17 3:47.62			
5 Goodman, Jessica	9	Enfield	4:50.77
1:01.25 2:16.89 3:37.17 4:50.77			
--- Williams, Ruth	9	Griffins	DQ
6.4 Did not touch the wall during the turn			
2:02.97 3:06.98 DQ			

Event 5 Girls 10 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 Hosford, Eleanor	10	Enfield	3:27.67
2 Castricone, Abbie	10	Enfield	3:37.90
51.94 1:49.46 2:46.97 3:37.90			
3 Halihan, Amy	10	Edmonton Phoenix SC	3:49.89
51.58 1:50.45 2:52.31 3:49.89			
4 Littler, Gabrielle	10	Enfield	3:55.30
54.86 1:55.36 2:55.76 3:55.30			
5 Erensoy, Yasemin	10	Edmonton Phoenix SC	4:15.58
55.33 1:58.83 3:05.94 4:15.58			

Event 5 Girls 11 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
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LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

1	Prior, Katie	11	Griffins		2:51.40
	39.13	1:22.71	2:08.33	2:51.40	
2	Bagan, Tsiu-Kim	11	Griffins		3:01.03
	43.13	1:28.56	2:14.78	3:01.03	
3	Westcough, Fiona	11	Griffins		3:03.20
	43.93	1:30.74	2:17.53	3:03.20	
(Event 5 Girls 11 Year Olds 200 SC Metre Backstroke)					
	Name		Age Team		Time
4	Hassan, Beth	11	Enfield		3:07.83
	46.01	1:36.74	2:25.23	3:07.83	
5	Blane, Ellen	11	Enfield		3:08.35
	43.48	1:32.35	2:21.46	3:08.35	
6	Taylor, Sydney	11	Edmonton Phoenix SC		3:09.06
	45.22	1:33.33	2:22.49	3:09.06	
7	Floyd, Kelly S	11	Broomfield ParkSC		3:11.15
	44.64	1:34.18	2:25.97	3:11.15	
8	Aslam, Despina	11	Griffins		3:26.88
	47.41	1:40.81	2:34.83	3:26.88	
9	Adams Steblecki, Alexandria	11	Enfield		3:40.58
	50.31	1:46.31	2:44.78	3:40.58	
---	Khadraoui, Sara	11	Enfield		DQ
	6.2 Left position on the back (other than to initiate a turn)				
	49.16	1:41.40	2:34.87	DQ	

Event 5 Girls 12 Year Olds 200 SC Metre Backstroke

	Name		Age Team		Time
1	Newman, Charlotte	12	Edmonton Phoenix SC		2:40.37
	37.65	1:18.52	2:00.04	2:40.37	
2	Thomas, Hannah	12	Edmonton Phoenix SC		2:48.95
	40.70	1:23.78	2:07.15	2:48.95	
3	Castricone, Emma	12	Enfield		3:10.73
	45.45	1:35.67	2:27.41	3:10.73	
---	Taylor, Charlotte	12	Griffins		DQ
	6.2 Left position on the back (other than to initiate a turn)				
	51.56	1:51.28	2:49.66	DQ	

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--- Linque, Shanea 12 Enfield DQ

6.2 Left position on the back (other than to initiate a turn)

1:33.12 DQ

--- Smith, Annabel 12 Enfield DQ

6.4 Did not touch the wall during the turn

53.21 1:51.84 2:53.09 DQ

Event 5 Girls 13 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 Holder, Megan	13	Edmonton Phoenix SC	2:39.36
			37.70 1:18.28 1:58.61 2:39.36
2 McGarvey, Nina	13	Edmonton Phoenix SC	2:47.70
			39.91 1:23.05 2:06.03 2:47.70
3 Prior, Jessica	13	Griffins	2:57.67
4 Hawkes, Connie	13	Edmonton Phoenix SC	3:05.69
			43.89 1:31.01 2:19.44 3:05.69
5 Norris, Charlotte	13	Enfield	3:31.51
			45.11 1:40.42 2:37.37 3:31.51
--- Williams, Sarah	13	Griffins	DQ
			6.2 Left position on the back (other than to initiate a turn)
			51.27 1:49.60 2:49.27 DQ

Event 5 Girls 14 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 Browne, Sarah	14	Edmonton Phoenix SC	2:41.29
			37.87 1:18.60 2:00.68 2:41.29
2 Manuszewski-Noone, Gabriella	14	Enfield	3:16.38
			44.86 1:35.17 2:27.72 3:16.38

Event 5 Girls 15 Year Olds 200 SC Metre Backstroke

Name	Age	Team	Time
1 Harris, Rachel	15	Edmonton Phoenix SC	2:48.21
			39.32 1:23.07 2:06.69 2:48.21
2 Wilson, Beth	15	Broomfield ParkSC	3:02.22
			43.08 1:28.77 2:15.84 3:02.22

Event 5 Girls 16-99 200 SC Metre Backstroke

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

Name	Age	Team							Time
1 Payne, Charlotte	22	Edmonton Phoenix SC							2:27.63
	34.46	1:11.91	1:49.88	2:27.63					
Event 6 Boys 10 Year Olds 400 SC Metre Freestyle									
Name	Age	Team							Time
1 McCarthy, Ross	10	Enfield							6:22.88
	40.66	1:28.01	2:17.31	3:07.12	3:57.05	4:47.07	5:37.51	6:22.88	
2 Ryan-Dunn, Jack	10	Griffins							6:26.09
	43.95	1:32.60	2:22.11	3:12.00	4:02.17	4:51.99	5:42.61	6:26.09	
Event 6 Boys 11 Year Olds 400 SC Metre Freestyle									
Name	Age	Team							Time
1 Bertram, Elliot	11	Griffins							5:22.83
	35.94	1:17.41	1:58.86	2:40.36	3:22.13	4:04.20	4:45.46	5:22.83	
2 Williams, Daniel	11	Griffins							7:08.14
	44.02	1:39.24	2:34.26	3:31.44	4:28.72	5:25.26	6:21.02	7:08.14	
Event 6 Boys 12 Year Olds 400 SC Metre Freestyle									
Name	Age	Team							Time
1 Pasmore, Toby	12	Griffins							5:17.39
	36.88	1:17.40	1:58.16	2:38.77	3:19.39	4:00.59	4:39.25	5:17.39	
2 Aslam, Antony	12	Griffins							5:30.80
	36.78	1:18.94	2:01.17	2:43.76	3:26.59	4:09.49	4:52.43	5:30.80	
3 Keane, James	12	Griffins							6:21.82
	40.68	1:26.76	2:14.63	3:04.46	3:53.09	4:42.64	5:32.78	6:21.82	
4 Datta, Jishnu	12	Edmonton Phoenix SC							7:08.08
	44.08	1:36.51	2:31.48	3:28.43	4:25.15	5:22.71	6:18.03	7:08.08	
Event 6 Boys 13 Year Olds 400 SC Metre Freestyle									
Name	Age	Team							Time
1 Tunstall, Michael	13	Edmonton Phoenix SC							4:54.33
	33.57	1:09.12	1:46.36	2:23.87	3:02.05	3:40.27	4:17.85	4:54.33	
2 Bayliss, Matthew	13	Griffins							4:57.23
	33.76	1:10.83	1:49.25	2:27.20	3:04.90	3:43.04	4:21.47	4:57.23	
3 Hill, Adam	13	Griffins							5:09.28

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

	33.18	1:11.72	1:51.63	2:32.28	3:12.88	3:53.91	4:33.82	5:09.28	
4	Jenner, Harry			13	Enfield				5:23.90
	37.94	1:19.62	2:02.10	2:44.04	3:25.50	4:06.34	4:46.58	5:23.90	
5	Nicol, Adrian			13	Griffins				5:43.86
	37.15	1:18.07	2:01.75	2:45.74	3:30.48	4:16.60	5:01.05	5:43.86	
6	Saeed, Zen			13	Broomfield ParkSC				6:29.61
	37.12	1:18.54	2:02.37	2:52.24	3:47.04	4:42.52	5:37.41	6:29.61	

Event 6 Boys 14 Year Olds 400 SC Metre Freestyle

	Name	Age	Team	Time					
1	Kirlew, Zach	14	Edmonton Phoenix SC	4:30.75					
	31.37	1:05.35	1:39.67	2:14.12	2:48.91	3:23.83	3:58.35	4:30.75	
2	Pasmore, Alex	14	Griffins	5:11.02					
	32.77	1:10.73	1:50.53	2:31.14	3:11.72	3:52.64	4:32.94	5:11.02	

Event 6 Boys 15 Year Olds 400 SC Metre Freestyle

	Name	Age	Team	Time					
1	Michaelides, Constantinos	15	Griffins	4:51.65					
	31.49	1:06.60	1:42.72	2:19.65	2:57.43	3:35.52	4:13.99	4:51.65	
2	Wyrwas, Carl	15	Broomfield ParkSC	5:23.83					
	35.01	1:14.29	1:56.20	2:39.51	3:22.58	4:05.05	4:47.18	5:23.83	
3	Rock, Joshua	15	Broomfield ParkSC	5:30.67					
	34.89	1:14.55	1:57.09	2:40.23	3:25.28	4:10.38	4:55.21	5:30.67	

Event 6 Boys 16-99 400 SC Metre Freestyle

	Name	Age	Team	Time					
1	Zuccolini, Ben	16	Edmonton Phoenix SC	4:30.74					
	30.90	1:04.71	1:39.92	2:15.60	2:50.04	3:25.35	3:59.72	4:30.74	
2	Kirlew, Louis	17	Edmonton Phoenix SC	4:44.95					
	30.11	1:04.01	1:39.92	2:15.54	2:51.76	3:28.57	4:06.76	4:44.95	
3	Pearce, Laurie	16	Broomfield ParkSC	5:11.82					
	34.68	1:11.52	1:50.92	2:31.67	3:12.50	3:53.22	4:34.86	5:11.82	

Event 7 Girls 9 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Hawkes, Mia	9	Edmonton Phoenix SC	2:51.62

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	37.89	1:21.26	2:06.65	2:51.62		
2	Montague, Jessie		9	Enfield		2:54.35
	38.86	1:22.36	2:09.03	2:54.35		
3	Monteforte, Alice		9	Enfield		2:54.78
	40.54	1:25.79	2:12.20	2:54.78		
4	Nethaway, Jessika		9	Enfield		3:15.56
	46.67	1:38.66	2:32.37	3:15.56		
5	Andreou, Rebecca		9	Edmonton Phoenix SC		3:30.05
	46.00	1:39.12	2:36.07	3:30.05		
6	Whale, Emily		9	Edmonton Phoenix SC		3:30.06
	45.57	1:40.11	2:39.58	3:30.06		
7	Goodman, Jessica		9	Enfield		3:57.10
	51.42	1:51.08	2:54.68	3:57.10		
8	Spyrou, Eliana		9	Edmonton Phoenix SC		4:52.42
	54.97	2:11.74	3:34.41	4:52.42		

Event 7 Girls 10 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Hosford, Eleanor	10	Enfield	3:04.62
	42.32	1:29.60	2:18.53	3:04.62
2	Doe, Afton	10	Edmonton Phoenix SC	3:04.93
	40.70	1:27.09	2:15.90	3:04.93
3	Castricone, Abbie	10	Enfield	3:17.45
	46.15	1:38.86	2:31.43	3:17.45
4	Dunnett, Caroline	10	Griffins	3:18.46
	46.44	1:39.26	2:32.68	3:18.46
5	Halihan, Amy	10	Edmonton Phoenix SC	3:32.22
	46.38	1:40.79	2:37.72	3:32.22
6	Carson, Amy	10	Edmonton Phoenix SC	3:34.14
	42.70	1:34.98	2:37.18	3:34.14
7	Erensoy, Yasemin	10	Edmonton Phoenix SC	3:44.92
	49.16	1:48.81	2:48.81	3:44.92
8	Brigati, Lauren	10	Enfield	3:50.05
	47.50	1:46.20	2:48.06	3:50.05
9	Sullivan, Lucy	10	Edmonton Phoenix SC	3:57.68

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

47.01 1:47.66 2:54.27 3:57.68

Event 7 Girls 11 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Westcough, Fiona	11	Griffins	2:37.79
	35.69	1:15.80	1:57.52	2:37.79
2	Prior, Katie	11	Griffins	2:41.48
	36.58	1:17.22	1:59.66	2:41.48
3	Hassan, Beth	11	Enfield	2:45.77
	39.27	1:21.62	2:06.36	2:45.77
4	Taylor, Sydney	11	Edmonton Phoenix SC	2:47.52
	37.80	1:20.46	2:04.76	2:47.52
5	Blane, Ellen	11	Enfield	2:52.96
	39.24	1:24.36	2:10.56	2:52.96
6	Aslam, Despina	11	Griffins	3:07.72
	41.97	1:31.35	2:22.34	3:07.72
7	Khadraoui, Sara	11	Enfield	3:08.07
	42.72	1:30.43	2:20.99	3:08.07
8	Adams Steblecki, Alexandria	11	Enfield	3:15.95
	38.80	1:27.14	2:21.35	3:15.95
9	Benjamin, Rianne	11	Enfield	3:18.57
	42.33	1:30.68	2:24.53	3:18.57
10	Kalotychos, Zoe	11	Enfield	3:38.32
	48.02	1:44.27	2:41.53	3:38.32
11	Folan, Rebecca	11	Edmonton Phoenix SC	3:45.02
	49.32	1:48.44	2:48.46	3:45.02
12	Spyrou, Theodora	11	Edmonton Phoenix SC	3:55.72
	48.88	1:48.85	2:54.25	3:55.72

Event 7 Girls 12 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Newman, Charlotte	12	Edmonton Phoenix SC	2:27.39
	34.50	1:13.09	1:50.94	2:27.39
2	Thomas, Hannah	12	Edmonton Phoenix SC	2:28.79
	33.78	1:11.65	1:51.09	2:28.79

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3	Hill, Kate	12	Griffins	2:39.79
	34.98	1:15.98	1:58.31	2:39.79
4	Castricone, Emma	12	Enfield	2:52.48
	38.81	1:23.62	2:11.19	2:52.48
5	Merry, Hannah	12	Enfield	2:53.58
	39.36	1:23.85	2:10.53	2:53.58
6	Charalambous, Natalia	12	Griffins	2:56.45
	38.82	1:23.08	2:11.58	2:56.45
7	Linque, Shanea	12	Enfield	2:57.32
	40.06	1:25.94	2:12.74	2:57.32
8	Sauka, Lauren	12	Griffins	3:12.93
	43.56	1:33.12	2:24.07	3:12.93
9	Andreou, Annabel	12	Edmonton Phoenix SC	3:15.25
	40.55	1:29.66	2:21.65	3:15.25
10	Taylor, Charlotte	12	Griffins	3:17.98
	40.57	1:30.62	2:24.77	3:17.98
11	Smith, Annabel	12	Enfield	3:29.52
	45.92	1:41.68	2:38.12	3:29.52
12	Mullahy, Niamh	12	Enfield	3:32.45
	48.11	1:43.65	2:39.98	3:32.45
13	Carson, Taria	12	Edmonton Phoenix SC	3:34.30
	44.82	1:41.05	2:37.30	3:34.30
14	Aydin, Sema	12	Edmonton Phoenix SC	4:23.06
	53.22	2:00.17	3:11.02	4:23.06
15	Aydin, Seda	12	Edmonton Phoenix SC	4:30.01
	54.56	2:05.33	3:17.51	4:30.01

Event 7 Girls 13 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	McGarvey, Nina	13	Edmonton Phoenix SC	2:21.23
	32.78	1:08.47	1:45.70	2:21.23
2	Holder, Megan	13	Edmonton Phoenix SC	2:31.32
	34.04	1:12.03	1:51.67	2:31.32
3	Prior, Jessica	13	Griffins	2:33.86
	34.91	1:14.03	1:54.37	2:33.86

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

4	Hawkes, Connie	13	Edmonton Phoenix SC	2:35.61
	36.00	1:16.08	1:56.65	2:35.61
5	Norris, Charlotte	13	Enfield	3:14.88
	39.76	1:28.41	2:23.35	3:14.88
6	Miller, Brodie	13	Edmonton Phoenix SC	3:28.61
	41.62	1:35.12	2:33.25	3:28.61
7	Sancak, Rukan	13	Enfield	3:46.77
	46.36	1:43.09	2:44.61	3:46.77

Event 7 Girls 14 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Browne, Sarah	14	Edmonton Phoenix SC	2:21.52
	32.56	1:07.90	1:45.15	2:21.52
2	Mason, Alice	14	Broomfield ParkSC	2:45.01
	37.26	1:18.70	2:02.08	2:45.01
3	Manuszewski-Noone, Gabriella	14	Enfield	2:54.06
	37.75	1:23.05	2:11.00	2:54.06

Event 7 Girls 15 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Tunstall, Emma	15	Edmonton Phoenix SC	2:14.72
	31.70	1:05.91	1:40.59	2:14.72
2	Harris, Rachel	15	Edmonton Phoenix SC	2:34.88
	35.81	1:15.69	1:56.03	2:34.88
3	Doe, Bethany G	15	Edmonton Phoenix SC	2:44.34
	36.74	1:17.45	2:01.08	2:44.34
4	Wilson, Beth	15	Broomfield ParkSC	2:54.21
	38.73	1:22.57	2:08.18	2:54.21

Event 8 Boys 9 Year Olds 200 SC Metre Breaststroke

	Name	Age	Team	Time
1	Kirlew, Josh	9	Edmonton Phoenix SC	3:53.29
	52.73	1:53.54	2:55.27	3:53.29
2	Zlotnick, Joseph	9	Griffins	4:01.17
	57.03	1:57.34	3:02.32	4:01.17
---	Lovell, James	9	Griffins	DQ

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009
Results

7.6 Did not touch at turn or finish with both hands, or touch simultaneous

56.60	2:01.95	3:08.18	DQ	
---	Whiting, James	9	Edmonton Phoenix SC	DQ

7.6 Did not touch at turn or finish with both hands, or touch simultaneous

58.07	2:02.58	3:09.24	DQ
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Event 8 Boys 10 Year Olds 200 SC Metre Breaststroke

	Name	Age	Team	Time
1	Newman, Tom	10	Edmonton Phoenix SC	3:45.69
	50.20	1:47.96	2:49.72	3:45.69
2	Payet, Jemil	10	Enfield	3:53.18
	52.55	1:52.44	2:55.61	3:53.18
3	Ryan-Dunn, Jack	10	Griffins	3:55.46
	54.51	1:55.65	2:56.16	3:55.46
4	McCarthy, Ross	10	Enfield	4:03.34
	55.60	1:58.56	3:00.87	4:03.34

(Event 8 Boys 10 Year Olds 200 SC Metre Breaststroke)

	Name	Age	Team	Time
5	Howe, Ben	10	Edmonton Phoenix SC	4:14.76
	56.67	2:02.58	3:09.65	4:14.76
6	Crome Sweeney, Finn	10	Enfield	4:51.43
	1:00.88	2:15.28	3:34.98	4:51.43
---	Morgan, Christopher	10	Enfield	DQ

7.2 Arm movements not simultaneous

55.76	2:03.44	3:10.01	DQ
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Event 8 Boys 11 Year Olds 200 SC Metre Breaststroke

	Name	Age	Team	Time
1	Bertram, Elliot	11	Griffins	3:38.55
	48.57	1:47.68	2:45.28	3:38.55
2	Harizi, Youcef	11	Griffins	3:43.04
	49.75	1:46.78	2:46.46	3:43.04
3	Glazebrook, Joe	11	Edmonton Phoenix SC	4:12.07
	54.74	2:01.59	3:07.72	4:12.07
4	Spencer, Rhys	11	Edmonton Phoenix SC	4:31.17
	58.63	2:08.80	3:20.62	4:31.17

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

5 Jenner, Matthew 11 Edmonton Phoenix SC 4:36.70
 1:03.13 2:15.08 3:26.64 4:36.70

Event 8 Boys 12 Year Olds 200 SC Metre Breaststroke

Name	Age	Team	Time
1 Pasmore, Toby	12	Griffins	3:07.32
43.83 1:32.06 2:21.22 3:07.32			
2 Aslam, Antony	12	Griffins	3:19.37
45.40 1:36.02 2:28.89 3:19.37			
3 McCarthy, Ryan	12	Enfield	3:21.08
46.29 1:36.67 2:29.51 3:21.08			
4 Disney, Thomas	12	Edmonton Phoenix SC	3:25.96
46.58 1:38.89 2:33.67 3:25.96			
5 Di Muro, Roberto	12	Griffins	3:32.13
49.05 1:45.03 2:40.40 3:32.13			
6 Woodward, Max	12	Enfield	3:36.35
49.70 1:44.21 2:42.50 3:36.35			
7 Mason, Ross	12	Broomfield ParkSC	3:36.72
50.32 1:46.11 2:40.86 3:36.72			
8 Wu, Tsz Wai	12	Griffins	3:42.97
47.11 1:44.19 2:44.00 3:42.97			
9 Alison, Michael	12	Edmonton Phoenix SC	4:28.58
1:04.23 2:13.74 3:24.98 4:28.58			
10 Lovell, Terry	12	Griffins	4:31.01
1:02.19 2:11.91 3:21.88 4:31.01			
11 Middleton, Glen	12	Edmonton Phoenix SC	4:40.48
58.89 2:10.18 3:25.82 4:40.48			
--- Hassanian, Kareem	12	Edmonton Phoenix SC	DQ
7.4 Head not breaking surface during stroke cycle (except after start & turn)			
1:00.25 2:15.80 3:34.52 DQ			

Event 8 Boys 13 Year Olds 200 SC Metre Breaststroke

Name	Age	Team	Time
1 Crowfoot, Charlie	13	Broomfield ParkSC	3:21.97
45.80 1:38.07 2:30.78 3:21.97			
2 Nicol, Adrian	13	Griffins	3:23.51

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

	45.57	1:35.04	2:29.97	3:23.51		
3	Wallace, James		13	Enfield		3:27.07
	48.98	1:42.43	2:37.18	3:27.07		
(Event 8 Boys 13 Year Olds 200 SC Metre Breaststroke)						
	Name		Age	Team		Time
4	Jenner, Harry		13	Enfield		3:30.67
	47.61	1:42.15	2:38.51	3:30.67		
5	Chivers, Anton		13	Griffins		3:30.90
	47.49	1:43.28	2:37.75	3:30.90		
6	Taylor, Jessie		13	Edmonton Phoenix SC		3:31.63
	48.21	1:42.96	2:38.48	3:31.63		
7	Williams, Ben		13	Enfield		3:36.52
	49.70	1:45.83	2:41.94	3:36.52		
8	Ellinas, Christos		13	Edmonton Phoenix SC		4:06.77
	54.09	1:56.09	2:56.29	4:06.77		
---	Saeed, Zen		13	Broomfield ParkSC		DQ
	7.6 Did not touch at turn or finish with both hands, or touch simultaneous					
	49.93	1:47.80	2:52.54	DQ		

Event 8 Boys 14 Year Olds 200 SC Metre Breaststroke

	Name		Age	Team		Time
1	Kirlew, Zach		14	Edmonton Phoenix SC		2:50.38
	40.92	1:24.61	2:07.62	2:50.38		
2	Pasmore, Alex		14	Griffins		3:19.03
	43.94	1:35.55	2:28.36	3:19.03		
---	Sowe, Ricardo		14	Enfield		DQ
	7.2 Arm movements not simultaneous					
	45.16	1:38.00	2:34.61	DQ		

Event 8 Boys 15 Year Olds 200 SC Metre Breaststroke

	Name		Age	Team		Time
1	Ellis, Emries		15	Enfield		3:03.98
	41.18	1:27.82	2:16.37	3:03.98		
2	Rock, Joshua		15	Broomfield ParkSC		3:07.90
	41.98	1:29.93	2:19.85	3:07.90		
3	Merry, Gavin		15	Enfield		3:16.21

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

43.01 1:32.98 2:23.89 3:16.21
 4 Smith, Lyden 15 Enfield 3:52.63

49.51 1:46.66 2:49.16 3:52.63

Event 8 Boys 16-99 200 SC Metre Breaststroke

Name	Age	Team	Time
1 Zuccolini, Ben	16	Edmonton Phoenix SC	2:52.43
38.48 1:22.62 2:09.29 2:52.43			
2 Smith, Joseph	17	Edmonton Phoenix SC	3:07.76
40.93 1:27.27 2:17.63 3:07.76			
3 Bowness, Philip	18	Enfield	4:12.53
57.74 1:57.70 3:03.83 4:12.53			

Event 9 Girls 10 Year Olds 400 SC Metre IM

Name	Age	Team	Time
1 Dunnett, Caroline	10	Griffins	7:51.54
51.42 1:55.19 2:55.12 3:56.24 4:59.55 6:04.50 6:58.85 7:51.54			
--- Halihan, Amy	10	Edmonton Phoenix SC	DQ
8.5 Not on surface during stroke (except first 15m following start or turn - fly 1:00.96 2:14.57 3:13.45 5:29.38 6:41.96 7:40.03 DQ			

Event 9 Girls 12 Year Olds 400 SC Metre IM

Name	Age	Team	Time
1 Newman, Charlotte	12	Edmonton Phoenix SC	5:56.23
41.54 1:28.89 2:14.11 2:56.25 3:48.14 4:38.44 5:18.62 5:56.23			

Event 9 Girls 13 Year Olds 400 SC Metre IM

Name	Age	Team	Time
1 Hawkes, Connie	13	Edmonton Phoenix SC	6:24.13
40.86 2:20.18 3:10.41 4:04.88 4:59.98 5:42.87 6:24.20 6:24.13			
2 Prior, Jessica	13	Griffins	6:27.35
43.33 1:35.38 2:20.18 3:05.30 4:02.78 4:59.78 5:44.16 6:27.35			

Event 9 Girls 14 Year Olds 400 SC Metre IM

Name	Age	Team	Time
1 Browne, Sarah	14	Edmonton Phoenix SC	5:53.34
37.92 1:20.32 2:04.23 2:48.23 3:41.29 4:36.56 5:14.97 5:53.34			

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results****Event 10 Boys 9 Year Olds 200 SC Metre Freestyle**

Name	Age	Team	Time
1 Kirlaw, Josh	9	Edmonton Phoenix SC	2:54.15
38.94 1:25.16 2:10.68 2:54.15			
2 Zlotnick, Joseph	9	Griffins	3:05.93
44.15 1:31.32 2:19.76 3:05.93			
3 Lovell, James	9	Griffins	3:18.06
43.45 1:35.69 2:28.49 3:18.06			
4 Whiting, James	9	Edmonton Phoenix SC	3:20.81
42.49 1:33.72 2:28.36 3:20.81			
5 McCabe, Callum	9	Edmonton Phoenix SC	3:31.93
46.70 1:40.83 2:38.23 3:31.93			
6 Mullahy, Fintan	9	Enfield	4:06.81
53.15 1:55.75 3:01.88 4:06.81			
7 Middleton, Calum	9	Edmonton Phoenix SC	4:13.14
53.39 1:58.08 3:06.61 4:13.14			
--- Morganti, Jari	9	Edmonton Phoenix SC	DQ
4.4 Start before starting signal			
1:04.14 2:25.04 3:50.13 DQ			

Event 10 Boys 10 Year Olds 200 SC Metre Freestyle

Name	Age	Team	Time
1 McCarthy, Ross	10	Enfield	2:59.34
41.11 1:28.10 2:13.09 2:59.34			
2 Ryan-Dunn, Jack	10	Griffins	3:02.50
41.69 1:30.26 3:02.47 3:02.50			
3 Payet, Jemil	10	Enfield	3:02.80
40.55 1:26.57 2:16.87 3:02.80			
4 Newman, Tom	10	Edmonton Phoenix SC	3:04.76
40.16 1:29.18 2:19.27 3:04.76			
5 Howe, Ben	10	Edmonton Phoenix SC	3:06.68
42.26 1:33.28 2:22.97 3:06.68			
--- Crome Sweeney, Finn	10	Enfield	DQ
10.1 A swimmer did not cover the whole distance – DNF			
43.49 1:35.92			

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results****Event 10 Boys 11 Year Olds 200 SC Metre Freestyle**

Name	Age	Team	Time
1 Bertram, Elliot	11	Griffins	2:35.34
34.66	1:15.22	1:56.98	2:35.34
2 Fagg, Sam	11	Edmonton Phoenix SC	3:00.84
40.29	1:25.85	2:14.20	3:00.84
3 Harizi, Youcef	11	Griffins	3:00.96
39.88	1:27.13	2:15.07	3:00.96
4 Glazebrook, Joe	11	Edmonton Phoenix SC	3:12.18
40.75	1:30.63	2:23.27	3:12.18
5 Robbins, Tim	11	Broomfield ParkSC	3:31.50
45.48	1:42.02	2:38.05	3:31.50

(Event 10 Boys 11 Year Olds 200 SC Metre Freestyle)

Name	Age	Team	Time
6 Whyte, Ryan	11	Enfield	3:45.24
47.73	1:46.08	2:46.13	3:45.24
7 Jenner, Matthew	11	Edmonton Phoenix SC	3:52.64
48.77	1:48.64	2:52.37	3:52.64
8 Coles, Ruairi	11	Edmonton Phoenix SC	3:57.63
46.45	1:43.88	2:50.15	3:57.63
--- Spencer, Rhys	11	Edmonton Phoenix SC	DQ
10.5	Pulled on the lane ropes		
48.15	1:48.25	2:55.21	DQ

Event 10 Boys 12 Year Olds 200 SC Metre Freestyle

Name	Age	Team	Time
1 Pasmore, Toby	12	Griffins	2:24.15
33.57	1:10.37	1:47.91	2:24.15
2 Aslam, Antony	12	Griffins	2:35.72
35.54	1:16.01	1:57.45	2:35.72
3 McCarthy, Ryan	12	Enfield	2:36.77
36.10	1:16.98	1:57.67	2:36.77
4 Di Muro, Roberto	12	Griffins	2:41.25
36.31	1:17.70	1:59.91	2:41.25
5 Woodward, Max	12	Enfield	2:42.60

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

6	Mason, Ross	36.05	1:18.02	2:01.93	2:42.60	12 Broomfield ParkSC	2:46.94
7	Wu, Tsz Wai	37.10	1:20.58	2:05.38	2:46.94	12 Griffins	3:18.13
8	Lovell, Terry	41.33	1:31.80	2:26.28	3:18.13	12 Griffins	3:21.78
9	Hassanian, Kareem	44.12	1:37.07	2:31.45	3:21.78	12 Edmonton Phoenix SC	3:21.80
10	Middleton, Glen	45.31	1:37.75	2:31.02	3:21.80	12 Edmonton Phoenix SC	3:42.16
11	Alison, Michael	47.59	1:44.08	2:42.83	3:42.16	12 Edmonton Phoenix SC	4:18.01
		50.52	1:53.67	3:06.05	4:18.01		

Event 10 Boys 13 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time	
1	Tunstall, Michael	13	Edmonton Phoenix SC	2:18.24	
2	Jenner, Harry	13	Enfield	2:31.40	
3	Williams, Ben	13	Enfield	2:37.29	
4	Chivers, Anton	13	Griffins	2:37.91	
5	Taylor, Jessie	13	Edmonton Phoenix SC	2:38.06	
6	Wallace, James	13	Enfield	2:39.63	
7	Nicol, Adrian	13	Griffins	2:41.14	
8	Saeed, Zen	13	Broomfield ParkSC	2:53.46	
9	Ellinas, Christos	13	Edmonton Phoenix SC	3:27.02	
		43.16	1:34.42	2:32.81	3:27.02

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results****Event 10 Boys 14 Year Olds 200 SC Metre Freestyle**

	Name	Age	Team	Time
1	Kirlew, Zach	14	Edmonton Phoenix SC	2:13.21
	29.58	1:02.12	1:37.07	2:13.21
2	Pasmore, Alex	14	Griffins	2:23.00
	32.79	1:09.81	1:47.55	2:23.00
3	Sowe, Ricardo	14	Enfield	2:53.59
	37.85	1:22.69	2:10.33	2:53.59
4	Moules, Ashley	14	Broomfield ParkSC	2:55.21
	36.86	1:21.18	2:09.15	2:55.21

Event 10 Boys 15 Year Olds 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Michaelides, Constantinos	15	Griffins	2:16.50
	30.42	1:04.20	1:40.09	2:16.50
2	Inwood, Chris	15	Griffins	2:20.49
	30.84	1:05.56	1:42.73	2:20.49
3	Ellis, Emries	15	Enfield	2:23.45
	32.35	1:08.87	2:23.45	
4	Merry, Gavin	15	Enfield	2:23.62
	33.19	1:09.76	1:47.84	2:23.62
5	Rock, Joshua	15	Broomfield ParkSC	2:31.75
	32.88	1:11.53	1:53.38	2:31.75
6	Linque, Dwanne	15	Enfield	2:39.56
	35.21	1:16.38	1:59.01	2:39.56
7	Smith, Lyden	15	Enfield	2:46.59
	36.42	1:18.43	2:02.09	2:46.59

Event 10 Boys 16-99 200 SC Metre Freestyle

	Name	Age	Team	Time
1	Zuccolini, Ben	16	Edmonton Phoenix SC	2:05.37
	27.84	58.26	1:30.90	2:05.37
2	Kirlew, Louis	17	Edmonton Phoenix SC	2:07.61
	28.85	1:00.76	1:34.14	2:07.61
3	Smith, Joseph	17	Edmonton Phoenix SC	2:21.69

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

31.84 1:07.36 1:44.67 2:21.69
 4 Pearce, Laurie 16 Broomfield ParkSC 2:22.43

33.17 1:09.97 1:46.33 2:22.43

Event 11 Girls 9 Year Olds 200 SC Metre Breaststroke

Name	Age	Team	Time
1 Monteforte, Alice	9	Enfield	3:41.03
49.72 1:47.94 2:45.67 3:41.03			
2 Nethaway, Jessika	9	Enfield	4:11.67
58.45 1:59.83 3:05.67 4:11.67			
3 Whale, Emily	9	Edmonton Phoenix SC	4:20.30
57.38 2:04.74 3:12.21 4:20.30			
4 Andreou, Rebecca	9	Edmonton Phoenix SC	4:30.20
59.19 2:07.99 3:18.82 4:30.20			
5 Spyrou, Eliana	9	Edmonton Phoenix SC	4:59.47
1:04.38 2:18.36 3:34.88 4:59.47			

Event 11 Girls 10 Year Olds 200 SC Metre Breaststroke

Name	Age	Team	Time
1 Hosford, Eleanor	10	Enfield	3:42.31
51.65 1:48.34 2:45.91 3:42.31			
2 Castricone, Abbie	10	Enfield	3:43.43
52.46 1:50.56 2:48.32 3:43.43			
3 Dunnett, Caroline	10	Griffins	4:08.78
58.20 2:03.05 3:08.76 4:08.78			

(Event 11 Girls 10 Year Olds 200 SC Metre Breaststroke)

Name	Age	Team	Time
4 Carson, Amy	10	Edmonton Phoenix SC	4:32.97
58.42 2:10.55 3:22.20 4:32.97			
5 Brigati, Lauren	10	Enfield	5:16.85
1:07.50 2:27.88 3:53.85 5:16.85			

Event 11 Girls 11 Year Olds 200 SC Metre Breaststroke

Name	Age	Team	Time
1 Prior, Katie	11	Griffins	3:13.64
43.56 1:32.32 2:22.66 3:13.64			

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

2	Taylor, Sydney	11	Edmonton Phoenix SC	3:18.35
	46.86	1:37.04	2:28.10	3:18.35
3	Khadraoui, Sara	11	Enfield	3:25.31
	48.47	1:41.64	2:35.86	3:25.31
4	Westcough, Fiona	11	Griffins	3:35.90
	50.05	1:46.39	2:41.12	3:35.90
5	Aslam, Despina	11	Griffins	3:54.50
	53.93	1:53.92	2:54.72	3:54.50
6	Kalotychos, Zoe	11	Enfield	4:04.46
	56.52	1:59.01	3:02.53	4:04.46
7	Adams Steblecki, Alexandria	11	Enfield	4:11.06
	55.57	2:00.59	3:07.72	4:11.06
8	Folan, Rebecca	11	Edmonton Phoenix SC	4:20.71
	58.67	2:05.46	3:14.72	4:20.71
9	Spyrou, Theodora	11	Edmonton Phoenix SC	4:28.87
	58.87	2:09.82	3:23.47	4:28.87
10	Hassan, Beth	11	Enfield	4:29.72
	1:03.72	2:14.03	3:22.62	4:29.72

Event 11 Girls 12 Year Olds 200 SC Metre Breaststroke

	Name	Age	Team	Time
1	Thomas, Hannah	12	Edmonton Phoenix SC	3:25.54
	47.01	1:39.24	2:34.00	3:25.54
2	Linque, Shanea	12	Enfield	3:29.29
	46.10	1:39.34	2:33.98	3:29.29
3	Charalambous, Natalia	12	Griffins	3:55.62
	50.90	1:50.91	2:54.44	3:55.62
4	Smith, Annabel	12	Enfield	4:05.43
	53.78	1:57.51	3:03.33	4:05.43
5	Andreou, Annabel	12	Edmonton Phoenix SC	4:17.92
	55.41	2:01.48	3:10.28	4:17.92
6	Sauka, Lauren	12	Griffins	4:38.21
	1:04.02	2:15.75	3:30.60	4:38.21
---	Carson, Taria	12	Edmonton Phoenix SC	DQ

7.6 Did not touch at turn or finish with both hands, or touch simultaneous

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

58.66 2:09.19 3:20.81 DQ
 --- Castricone, Emma 12 Enfield DQ

7.4 Downward dolphin kick not followed by a breaststroke kick
 49.83 1:47.80 2:46.85 DQ
 --- Mullahy, Niamh 12 Enfield DQ

4.4 Start before starting signal
 1:00.77 2:09.39 3:20.17 DQ

Event 11 Girls 13 Year Olds 200 SC Metre Breaststroke

	Name	Age	Team	Time
1	Holder, Megan	13	Edmonton Phoenix SC	3:03.20
	41.78	1:28.21	2:16.97	3:03.20
2	McGarvey, Nina	13	Edmonton Phoenix SC	3:17.51

(Event 11 Girls 13 Year Olds 200 SC Metre Breaststroke)

	Name	Age	Team	Time
	45.34	1:36.28	2:27.49	3:17.51
3	Prior, Jessica	13	Griffins	3:37.82
	49.00	1:45.92	2:42.69	3:37.82
4	Norris, Charlotte	13	Enfield	3:43.08
	52.50	1:49.97	2:49.29	3:43.08
5	Miller, Brodie	13	Edmonton Phoenix SC	3:59.27
	54.00	1:53.43	2:57.73	3:59.27
6	Sancak, Rukan	13	Enfield	4:28.23
	56.78	2:02.98	3:14.16	4:28.23

Event 11 Girls 14 Year Olds 200 SC Metre Breaststroke

	Name	Age	Team	Time
1	Mason, Alice	14	Broomfield ParkSC	3:23.47
	47.10	1:39.39	2:32.35	3:23.47
2	Manuszewski-Noone, Gabriella	14	Enfield	3:27.53
	48.36	1:41.68	2:36.74	3:27.53

Event 12 Boys 10 Year Olds 400 SC Metre IM

	Name	Age	Team	Time
1	Howe, Ben	10	Edmonton Phoenix SC	7:30.50
	47.68	1:49.85	2:43.70	3:40.43
			4:45.01	5:51.65
			6:41.37	7:30.50

Event 12 Boys 11 Year Olds 400 SC Metre IM

LBESA 200/400 COMPETITION - 10/01/2009 to 11/01/2009**Results**

	Name	Age	Team						Time
1	Bertram, Elliot	11	Griffins						6:19.22
	38.56	1:29.00	2:18.64	3:06.92	4:03.56	5:01.07	5:40.47	6:19.22	
2	Harizi, Youcef	11	Griffins						7:23.27
	49.96	1:52.61	2:49.16	3:47.06	4:44.86	5:46.41	6:36.40	7:23.27	
3	Glazebrook, Joe	11	Edmonton Phoenix SC						7:47.69
	53.75	2:03.03	2:57.98	3:55.07	4:57.95	6:03.32	6:57.62	7:47.69	

Event 12 Boys 12 Year Olds 400 SC Metre IM

	Name	Age	Team						Time
1	Pasmore, Toby	12	Griffins						5:56.30
	40.21	1:26.77	2:13.30	3:01.67	3:50.27	4:40.37	5:18.42	5:56.30	

Event 12 Boys 13 Year Olds 400 SC Metre IM

	Name	Age	Team						Time
1	Crowfoot, Charlie	13	Broomfield ParkSC						6:42.64
	46.13	1:38.22	2:26.34	3:14.20	4:11.12	5:08.10	5:55.12	6:42.64	

Event 12 Boys 14 Year Olds 400 SC Metre IM

	Name	Age	Team						Time
1	Kirlew, Zach	14	Edmonton Phoenix SC						5:07.59
	33.75	1:10.61	1:49.74	2:30.13	3:15.21	4:00.79	4:34.22	5:07.59	
2	Pasmore, Alex	14	Griffins						5:57.81
	37.17	1:22.93	2:07.95	2:54.76	3:48.32	4:41.47	5:20.14	5:57.81	

Event 12 Boys 15 Year Olds 400 SC Metre IM

	Name	Age	Team						Time
1	Inwood, Chris	15	Griffins						5:43.03
	35.58	1:18.41	2:00.84	2:44.07	3:35.09	4:25.58	5:03.97	5:43.03	

Event 12 Boys 16-99 400 SC Metre IM

	Name	Age	Team						Time
1	Zuccolini, Ben	16	Edmonton Phoenix SC						5:24.25
	32.36	1:11.05	1:52.26	2:34.95	3:21.62	4:10.88	4:45.25	5:24.25	